

Disability Inclusion Training

This is an introduction level course designed to give participants ideas and inspiration to adapt their Sport, Physical Activity or Physical Education sessions to make them more accessible for children and adults with a disability.

The Course is aimed at:

- School principals, teachers, special needs assistants, second and third level students, managers, coaches, volunteers, development officers and parents.

Coach Certification:

- On completion of the course all participants will receive a Coaching Ireland / CARA Certificate of Attendance.

Course Resources:

- All course participants will receive a range of course materials including course manual and Activity Booklet.

Cost:

- €45 per person

The Following areas will be covered over six hours including breaks:

Theory section:

- Perceptions and Experiences
- Language, Terminology & Communication
- Participation Barriers & Solutions
- Inclusion Considerations & Tips.

Practical Session:

- The T.R.E.E principle (How to adapt)
- Warm ups / Games
- Fundamental Skills
- Individual / Team Games

How to book a place?

Individual/Group bookings can be made online. Dates and venues can be found at: www.caracentre.ie

I am an organisation and I want to book a course?

If you have 16-24 people and would like to book a course, please contact CARA at info@caracentre.ie or 066 7144250

Saturday 24th March 2018

Knocknarea Arena, IT Sligo

9.30am – 3.30pm