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| **Activ8 Wildcats Club Activity Breaker**  |
| **Activity Name:** Wing Wizard | **Target:** 9-11yrs | **FMS/FSS Main Category:**Invasion games |
| **Intensity Level:**High |
| **Description:**A pairs game to develop a shooting opportunity from wing play* Players line up in pairs – one player as a shooter and one as a wide player.

A A A shooters -----------> GOALB B B wide players --------->* The shooter starts by making a pass to the wide player
* The wide players then runs down the wing with the ball before delivering a cross to the shooter
* The shooter must collect the cross and score a goal.
 | **Equipment:** * Discs
* Bibs
* Footballs
* Hockey Sticks & Balls
* Handballs
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| **Variations:*** Hockey / Handball / Football.
* Add in goal keeper and then defenders.
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| **Keep an eye on:** * body position
* movement
* co-ordination
* Passing
* communication
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| **Other Benefits:*** Develop Team work
 | **Coach’s Comments:** |