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| **Activ8 Wildcats Club Activity Breaker** | | | |
| **Activity Name:**  Wing Wizard | | **Target:**  9-11yrs | **FMS/FSS Main Category:**  Invasion games |
| **Intensity Level:**  High |
| **Description:**  A pairs game to develop a shooting opportunity from wing play   * Players line up in pairs – one player as a shooter and one as a wide player.   A A A shooters -----------> GOAL  B B B wide players --------->   * The shooter starts by making a pass to the wide player * The wide players then runs down the wing with the ball before delivering a cross to the shooter * The shooter must collect the cross and score a goal. | **Equipment:**   * Discs * Bibs * Footballs * Hockey Sticks & Balls * Handballs | | |
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| **Variations:**   * Hockey / Handball / Football. * Add in goal keeper and then defenders. |
| **Keep an eye on:**   * body position * movement * co-ordination * Passing * communication |
| **Other Benefits:**   * Develop Team work | **Coach’s Comments:** | | |