

**OFFICE USE ONLY**

**Grantee Number**

**National Grant Scheme for Sport and Physical Activity for Older People 2019**

**All relevant sections of this application form MUST BE COMPLETED in full.**

**We reserve the right not to consider incomplete applications.**

**Late Applications Will Not Be Considered Under Any Circumstances**

*Please read attached terms and conditions carefully. If you require assistance in completing this form, contact Age & Opportunity’s* ***Go for Life programme team****.*

*You can also contact your local Health Service Executive Coordinator or Local Sports Partnership (see page 8).*

|  |  |
| --- | --- |
| **GRANT APPLICATION FORM** | |
| **ORGANISATION NAME** |  |
| **CONTACT PERSON** |  |
| **POSITION/JOB TITLE** | *(i.e. Treasurer, Secretary, Physical Activity Leader)* |
| **PHONE NUMBER** |  |
| **ADDRESS LINE 1** |  |
| **ADDRESS LINE 2** |  |
| **ADDRESS LINE 3** |  |
| **COUNTY** |  |
| **EMAIL ADDRESS** |  |

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| Go for Life is an **Age & Opportunity SPORT** initiative, funded by **Sport Ireland and the HSE** |  |  |

**1. about your organisation**

**TYPE OF ORGANISATION** e.g. Older people’s group, voluntary (non-statutory) day care centre, sports club

Number of membersNumber of members aged 50 or over

Is your organisation located in a designated disadvantaged area (RAPID 1, RAPID 2 or Clár)?

YES NO DON’T KNOW

**BANKING DETAILS**

It is essential to supply Bank/Credit Union account details

|  |  |
| --- | --- |
| NAME OF BANK / CREDIT UNION |  |
| BRANCH |  |
| ACCOUNT NAME | *Account must be in name of the group not an individual* |
| BIC  *(8 digits required)* |  |
| IBAN  *(Full 22 digits required)* |  |

**PUBLIC LIABILITY INSURANCE DETAILS**

It is essential to have public liability insurance covering the activities proposed

|  |  |  |  |
| --- | --- | --- | --- |
| Company (Not Broker) |  | | |
| Policy Number |  | Expiry Date |  |

**GO FOR LIFE INVOLVEMENT**

**These grants are designed to support the work of the Go for Life programme, including the network of Physical Activity Leaders (PALs), the development of the Go for Life Games and other initiatives**.

An active PAL is a group member who has taken part in Go for Life workshops and is regularly leading or helping to organise physical activities with the group.

* PAL in Group Yes ⃝ No ⃝

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* Year completed PALs course
* A member of our group would be interested in taking part in GFL PALs training Yes ⃝ No ⃝

**2. grants**

**Please indicate the purpose for which you are applying for this grant**

□ Participation Event e.g. Go for Life Games

□ Physical Activity Programme (please outline duration & participant numbers below)

□ Purchase of equipment / resource materials

*Short Mat Bowling equipment will only be considered for joint applications, where it will be shared by two or more groups. A separate application form must be completed by each group involved in a joint application.*

*Audio-visual equipment, exercise machines, clothing or footwear will not be considered.*

**See Page 7 for further details about what will and will not be funded**

|  |  |
| --- | --- |
| **Describe activity or equipment** | |
| **Number of older people who will take part** | **Number of hours activity will take place** |
| **Outline costs**  **(i.e. equipment, tutor, transport, hall hire)** | **€** |
| **Total Grant applied for** | **€** |

**Note:**Fund permitting, grant allocations will be between **€200 and €600**. Joint applications or applications from Community Development Programmes (CDPs), Local Sports Partnerships (LSPs) etc. that provide wider access to community groups may be allocated funding outside of these limits.

**3. signatories**

I declare that the information given in this form is true and accurate and I accept the conditions relating to grant-aid provided by the National Grant Scheme for Sport and Physical Activity for Older People.

|  |  |
| --- | --- |
| **CONTACT PERSON** | **GO FOR LIFE PAL**  **(if applicable)** |
| Signed: | Signed: |
| Date: | Date: |

*In the case of a joint application for bowling equipment, please list below the other group(s) involved in the application.* ***Each group must complete a separate application form.***

|  |  |
| --- | --- |
| GROUP NAME |  |
| GROUP NAME |  |
| GROUP NAME |  |

*Completed application forms must reach the address below by* ***12 noon*** *on* ***Friday 27 September 2019***

|  |  |
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| G:\COMMUNICATIONS\Logos\OUR LOGOS\A&O logos\2018 Refresh CURRENT LOGO FOR USE\A&O Logo for STAFF use\5551 A&O logo_Full Colour.png | **The National Grant Scheme for Sport and Physical Activity for Older People**  **Age & Opportunity**  **St Patrick’s Hall,**  **Marino Institute of Education**  **Griffith Avenue, Dublin 9** |

Email your application to: [**gfl.grants@ageandopportunity.ie**](mailto:gfl.grants@ageandopportunity.ie)

If emailing your application form it is not necessary to send in a hard copy

***N.B. Late applications will not be considered. It is the responsibility of grant applicants to ensure that grant forms are received on time with all details completed. Note that due to the volume of applications we cannot acknowledge receipt of postal applications.***

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| Go for Life is an **Age & Opportunity SPORT** initiative, funded by **Sport Ireland and the HSE** |  |  |

**4. Evaluation Form Note: This section applies only if you received a grant in 2018**

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1. How much did your group receive in 2018?
2. If your group subsidised the grant with other money, by how much? If the grant was not subsidised please put ‘0’

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1. How did you spend the grant received in 2018?

o Go for Life PALs equipment o Dance o Swimming/Aqua activities

o Go for Life Games equipment o Facility Hire (Hall/Pool) o Tai Chi

o Go for Life Games event o Pickleball o Walking Football

o Aerobics o Pilates o Walking Programme

o Bowling o Pitch & Putt/Golf o Yoga

o Cycling o Sportsfest/Sports Event

o Other (please specify)

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1. How many members of your group took part in physical activities enabled by the 2018 grant?

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|  |

1. Did the grant encourage new members to join your group? If yes how many? If no please put ‘0’
2. The grant made our group feel:

Very much more A little bit more Neither more A little bit less Very much less nor less

More or less active O O O O O

More or less likely

to engage in physical O O O O O

activity again

More or less connected O O O O O

to other people

More or less visible O O O O O

In our community

More or less confident O O O O O

More or less

creative/artistic O O O O O

1. Apart from activities funded by the grant does your group take part in regular physical activity together? Y N
2. If yes, is this regular physical activity led by a member of your group? Y N N/A

1. If yes, how often does your group take part in regular physical activity together?

Once a week Once a month More than once a week

More than once a month Just the activities funded by this grant

1. Which of the following ethnic groups did your initiative/grant target? All Migrant Traveller None
2. Did your grant/initiative target people with disabilities? Y N
3. Is there anything else you’d like to share about the grant?

**5. terms and conditions**

**BACKGROUND**

Since 2001 Sport Ireland have provided funding for the Go for Life programme to help increase the participation of older people in recreational sport and physical activity. This National Grant Scheme for Sport and Physical Activity for Older People (hereafter referred to as the National Grant Scheme) is one element of the extensive Go for Life programme which has resulted from this funding.

**OVERALL AIM**

The National Grant Scheme aims to assist in the implementation of locally-developed, well-planned initiatives designed to increase participation in recreational sport and physical activity by older people. In particular, the scheme is aimed at:

* supporting the work of Go for Life including the network of PALs (Physical Activity Leaders) and the development of Go for Life Games and other initiatives;
* assisting local clubs/organisations to enhance existing opportunities for their members in recreational sport and physical activity;
* assisting local clubs/organisations to start new initiatives geared at involving older people in recreational sport and physical activity.

**WHO CAN APPLY**

Grants are available to all eligible local clubs, groups and organisations that promote increased participation in recreational sport or physical activity for older people as a main element of their activities. **Commercial, statutory or umbrella bodies, or their agents, are not eligible for funding under this grant scheme.**  An exception to this are Local Sports Partnerships who are eligible to apply. **Day centres completely funded and directed by statutory bodies, such as the HSE, are not eligible.**

Grants are made available for sport or physical activity for **older people** and the overall membership of applicants must be such that older people will be the beneficiaries of the grant monies.

Funding for sports clubs will not be considered unless the application specifically relates to older people. Only one application per group will be considered.

**KEY CRITERIA**

Applications are encouraged from clubs/organisations that:

* have the potential to increase levels and frequency of participation in recreational sport and physical activity among older people in the local area;
* can act as showcases or successful demonstration projects that can be replicated by other clubs/organisations in the future;
* have the potential to develop into a sustainable, longer-term programme;
* have not previously received a Go for Life grant;
* are developing initiatives in designated disadvantaged areas;
* are developing initiatives for minority older populations or older groups with special needs;
* have one or more active Go for Life Physical Activity Leaders (PALs);
* are making a joint application with other groups in their geographical community.

Applicants who have had previous successful applications processed should take advantage of PALs workshops. Contact the Go for Life programme team or your local contacts listed on page 8 to register.

Funds permitting, grants will be between **€200** and **€600\*** and may be allocated towards the cost of the eligible initiatives outlined overleaf.

*\*Joint applications or applications from Community Development Programmes (CDPs), Local Sports Partnerships (LSPs) etc. that provide wider access to community groups may be allocated funding outside of these limits. In such circumstances a tax clearance certificate/tax exemption form will be required.*

**WHAT WILL BE FUNDED?**

**Physical Activity Programme**

For example: (1) a five-week programme to introduce older people to an activity such as Go for Life Games, aerobics, aquafit, Tai Chi etc. The costs of hall hire and a qualified instructor might form part of the overall cost; or (2) an initiative by a sports club to involve more older people – the purchase of specialised equipment, facility hire or a qualified independent instructor might form part of the overall cost.

**Purchase of Equipment / Resource Materials**

For example: Go for Life Games equipment, pitch and putt set, physical activity kitbag, badminton racquets. Please note that, for the 2019 National Grant Scheme, Short Mat Bowling equipment will only be considered for joint applications where it will be shared by two or more groups.

**Participation Events**

For example: organising regular Go for Life Games or a Sportsfestaimed at introducing older adults to a range of recreational sports.

**WHAT WILL NOT BE FUNDED?**

**Non-sporting or non-physical activities** – e.g. day trips

**Audio-visual equipment** – e.g. DVD or CD players, televisions

**Exercise machines** – e.g. treadmills, rowing machines, stationary bicycles

**Clothing or Footwear** – of any kind

**Ongoing Commitments** – e.g. membership fees for gyms or sports clubs, rental of facilities or employment of professional instructors on an ongoing basis

**Club Insurance / Taxes or Rates**

**Foreign Travel / Visits**

**Feasibility Studies**

**Competitions** (or costs associated with competing)

**Capital Costs** – e.g. the development or refurbishment of facilities

**CONDITIONS**

1. Applicant clubs/organisations must have public liability insurance in place covering the activities they wish to promote.
2. Applicant clubs/organisations must provide details of current banking facilities including full, accurate BIC and IBAN numbers.
3. Applicant local club/organisations must have a democratically elected executive.
4. Applicant clubs/organisations shall provide the National Grant Scheme Committee with sufficient information about the club/organisation to assess its suitability for funding.
5. The National Grant Scheme Committee may use the name of the applicant club/organisation and details of the usage and outcomes of the grant in its own publicity and successful applicants shall co-operate, if requested, in efforts to publicise the grant scheme.
6. The decision of the National Grant Scheme Committee in all matters relating to grant allocations is final.
7. Successful applicants can only use the grant for the purposes specified on their application form.
8. Applications for grants from successful applicants under the 2018 National Grant Scheme will only be considered if the Evaluation Section of the Application Form is fully completed.
9. Successful applicants should acknowledge Go for Life and Sport Ireland in any communication, promotion or publicity materials generated in relation to activities funded by this grant.

**DISCLAIMER**

Age & Opportunity and Sport Ireland will not accept liability for damage or injury which might arise in the use of any funds made available. The consequences of any incorrectly supplied or inaccurate information are the responsibility of the club or organisation applying.

**CLOSING DATE**

Completed Application Forms should reach the Go for Life programme office **before** **12 noononFriday 27 September 2019**. **Grant allocations will be announced in early December 2019.**

**LATE APPLICATIONS WILL NOT BE CONSIDERED UNDER ANY CIRCUMSTANCES**

**6. key contacts**

**If you require assistance in completing this form, please contact the Go for Life team:**

|  |  |
| --- | --- |
| **Sue Guildea**, Manager  **Paul Gallier**, Assistant Manager  **Ciara Dawson**, Administrator  **T:** (01) 805 7733 / **W:** ageandopportunity.ie |  |

**You can also contact your local ●Health Service Executive Coordinator or your ▲Local Sports Partnership:**

**Carlow**  
**●**Olive Fanning

(059) 914 3630

▲Martha Jane Duggan  
(059) 913 6207

**Cavan**●Colm Casey  
087 681 1197  
▲Dean McElroy   
(049) 437 8582

**Clare**●Geri Quinn  
(065) 686 5837  
▲John Sweeney  
(065) 686 5434

**Cork**●Shirley O’Shea  
(021) 492 1641  
**▲** Claire Hurley

(021) 434 7096

**Donegal** ●Lynda McGuinness (074) 910 9114

▲Karen Guthrie

(074) 911 6079

**Dublin Dublin City** ▲Catherine Flood

(01) 222 8597

**Dublin North** ●Mary Scales (01) 6465077

**Dublin South** **East ●**Michelle Hardie Murphy

(01) 268 3143

**Dublin South ●**Aine Buggy 087 3636084

**Dun Laoghaire-Rathdown ●**Michelle Hardie Murphy

(01) 268 3143

**▲**Shane McArdle (01) 271 9507

**Fingal  
▲**Caitriona Geraghty  
(01) 890 6247

**South County Dublin  
●**Aine Buggy 087 3636084 **▲**Thomas McDermott  
(01) 414 9000 ext. 330

**Galway  
●**Paul Gillen  
(091) 737 261  
**Galway City  
▲**Jason Craughwell  
(091) 536 459

**Kerry**●Anne Culloty  
(064) 667 0767

**▲**Cora Carrigg  
(066) 718 3628

**Kildare  
●**Aine Buggy 087 3636084

**▲**Syl Merrins  
(045) 980 547

**Kilkenny**●Teresa Hennessy   
(056) 7734869

▲Nicola Keeshan  
(056) 779 4990

**Laois** ●Clodagh Armitage (057) 935 7824   
▲Caroline Myers (057) 867 1248

**Leitrim** ▲Declan Boyle  
(071) 962 0005

**Limerick** ●Bedelia Collins

(061) 483444   
▲Tracy Mahedy (061) 333 600

**Longford**●Clodagh Armitage  
(057) 935 7824   
▲Donal Mulligan   
(043) 334 3496

**Louth**●Carmel Halpin   
(046) 907 6400

▲Richard English   
(042) 932 4318

**Mayo**●Paul Gillen  
(091) 737 261   
▲Ray McNamara

(094) 904 7025

**Meath** ●Carmel Halpin   
(046) 907 6400  
▲Ruairi Murphy (046) 906 7337

**Monaghan**●Colm Casey  
087 681 1197  
▲Dean McElroy

(042) 975 5126

**Offaly**●Clodagh Armitage (057) 935 7824 ▲Olivia Murphy (057) 935 7462

**Roscommon**●Paul Gillen  
(091) 737 261

▲Noel Feeley  
(090) 663 0853

**Sligo**  
**▲**Shane Hayes   
(071) 916 1511

**Tipperary**

●Catherine O’Loughlin   
(052) 617 7930

▲Valerie Connolly(052) 618 7080

**Waterford**●Susan Scully  
(051) 846 714

▲Peter Jones  
(076) 110 2191

**Westmeath**●Clodagh Armitage  
(057) 935 7824   
▲Sonja Statham  
(044) 939 0208

**Wexford**●Catherine O’Loughlin  
(052) 617 7930   
▲Mary T Keogh  
(053) 919 6557

**Wicklow**  
**West Wicklow**  
**●**Aine Buggy 087 3636084

**Rest of Wicklow  
●**Michelle Hardie Murphy

(01) 268 3143

▲Caroline Dunne

0404 20100