

SLIGO BOCCIA GROUP

As part of the Sports Inclusion Disability Project Sligo Sport & Recreation Partnership and IWA Sligo are continuing the **Boccia Club** every second Friday at the IWA Centre in Abbeyville. Anyone working with adult disability groups / individual adults with physical/sensory disabilities are welcome to come along and try the game. The sessions give players the chance to experience the game in a fun environment and the games are fully inclusive for all ability levels. A fun, chair based upper body warm up is also conducted before each session.



When:	Every Second Friday starting again On Friday 10th January 2020
Time:	1.30 pm to 2.30 pm
Where:	IWA Building, Abbeyville
Who can Attend:	Adults with a physical/sensory disability
Cost:	Free

If you wish to find out more about this programme contact:

Jeanette Beirne

IWA centre, Abbeyville, Sligo

Ph: 071 915522

or

Shane Hayes

Sports Inclusion Disability Officer

PH: 071 9161511

E-mail: shane@sligosportandrecreation.ie