



— SLIGO SPORT —
— & RECREATION —
PARTNERSHIP
— SPORT IRELAND —

Annual Report 2022



SPORT IRELAND
LOCAL SPORTS PARTNERSHIPS



We extend our sincere thanks to all our partner agencies, sports clubs and community organisations who supported us throughout 2022 in realising our vision of 'Making Sport and Recreation: A Way of Life in Sligo'.



msletb

Bord Oideachais agus Oiliúna
Mhaigh Eo, Shligigh agus Liatroma
Mayo, Sligo and Leitrim
Education and Training Board



Sligo County Council
Comhairle Chontae Shligigh



**SLIGO LEADER
PARTNERSHIP**^{CLG}



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Chairperson's Statement

As Chairperson of Sligo Sport and Recreation Partnership (SSRP) I am delighted to introduce the Annual Report for 2022.

Despite the challenges in the early part of the year arising from the pandemic, 2022 was a very successful year for SSRP with the staff managing to succeed in facilitating a diverse range of opportunities for people of all ages and all abilities to be active. Throughout the year they demonstrated innovation, adaptability and resilience in responding to the initial restrictions for sport provision which was followed by significant increases in demand for SSRP services once a return to sport became possible. On behalf of the Board, I wish to express our grateful appreciation to our Sports Co-ordinator Deirdre Lavin and all our staff for their dedication and commitment to ensuring SSRP was highly effective in achieving its ambitious objectives throughout 2022.

It was fitting that SSRP was awarded the Irish Sports Industry Award for 2022 for Local Sports Partnerships, an achievement which recognises the SSRP organisation and the quality of service offered to the sporting community.

Central to SSRP is the leadership provided by the Board of Directors and I would like to thank them for their commitment, effective oversight and strategic leadership of the organisation throughout 2022. I would also like to acknowledge our Strategy Committee and Audit & Risk Committee members for their time and contribution in supporting the Board to deliver its programme of work.

Key to the ongoing success of SSRP is the role of our partners in sports clubs and community organisations in facilitating our shared goal of making sport and physical activity opportunities available across the County and I am very appreciative of their commitment and effort in making sport happen in our communities.

I would like to acknowledge Sport Ireland Chief Executive Dr Una May and the staff for their continued funding, support and guidance provided throughout 2022. Also, I extend thanks to the statutory agencies at local level for their ongoing investment and support for SSRP. The effective interagency collaboration is central to the success of SSRP.

We had some changes at Board and staff level in 2022; I would like to thank Cara O'Neill who resigned as HSE representative and welcome Liz Martin as her replacement. At staff level I thank Siubhean Crowne who finished working with SSRP, while I warmly welcome new staff members Kate Frahill and Alan French.

Sport and physical activity is a key part of community life across County Sligo and this report highlights some of the SSRP programmes, events and services facilitated throughout the year which enables sports development, enhances health and well being and contributes to quality of life.

We look forward to continuing to support the sporting community in 2023 in realising our vision of making 'Sport and Recreation: A Way of Life in Sligo'.

Emer Concannon

Chairperson

Sligo Sport and Recreation Partnership

Emer Concannon

Emer Concannon | Chairperson



Sports Co-ordinator's Statement

Sligo Sport and Recreation Partnership had a successful year in 2022 and as the year progressed we were delighted to see restrictions associated with the pandemic lifting and a gradual return to sport taking place.

In 2022 SSRP successfully worked towards facilitating opportunities for sport and physical activity, building capacity, facilitating strong sporting organisations and providing information. A notable growth in participant places on SSRP supported initiatives was achieved in 2022. A total of 21,380 places on programmes was delivered in 2022 which represents a significant increase from 2021 which involved 17,634 participant places.

We had many standout achievements in 2022 and included in this was the huge collective effort by SSRP and stakeholders in bringing a Pop Up Pool to Tubbercurry for the latter part of the year which resulted in over 1078 participants enjoying swimming in the South Sligo community.

Working in collaboration with the many volunteers in sports clubs and community organisations throughout County Sligo is fundamental in enabling us to facilitate opportunities for participation in sport and physical activity. I wish to acknowledge all those partner organisations and their volunteers who supported SSRP in making sport and physical activity happen for various target groups. Also, a big thank you to our team of community coaches for their commitment and energy when delivering our various programmes in communities.

A key strength of SSRP is the positive collaboration between the statutory agencies and I extend sincere thanks to them for their ongoing investment and support for SSRP including Sligo County Council, Mayo Sligo Leitrim ETB, Health Service Executive West, Sligo Leader Partnership Company and Atlantic Technological University.

I would like to acknowledge Sport Ireland Chief Executive Dr Una May and the staff for their ongoing support and guidance. Also, the collaboration with the network of Local Sports Partnerships around the country for their positive engagement on shared initiatives is appreciated.

I wish to express my appreciation to our Chairperson Emer Concannon, the Board of Directors and the Committees for their leadership and commitment in successfully overseeing the organisation and for the support they provided to me throughout the year.

During the year the SSRP staff did excellent work through collaborating with community stakeholders in the pursuit of sport for all. I would like to sincerely thank them for their motivation, commitment and professionalism demonstrated throughout the year. A strong ethos of collaboration and team work is at the heart of how SSRP staff operate and this enables the organisation to be highly effective in supporting and responding to the sport and physical activity needs of communities across the County.

A highlight of the year was receiving the Local Sport Partnership Award for 2022 at the Irish Sports Industry Awards which was hosted by the Federation of Irish Sport, an award which was greatly appreciated and valued by all associated with SSRP. This positive recognition of the work and impact of SSRP will inspire us to continue to deliver a quality service in 2023 as we look forward to supporting active and vibrant communities.

Deirdre Lavin

Sports Co-ordinator

Sligo Sport and Recreation Partnership

Deirdre Lavin

Deirdre Lavin | Sports Co-ordinator





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Governance & Structure

Section 1: Governance & Structure

Name of the Organisation:	Sligo Sport and Recreation Partnership CLG
Organisation Type:	A Company Limited by Guarantee
Company Number:	360763
Registered Office:	Sligo Sport and Recreation Partnership, Mayo Sligo Leitrim ETB, Quay Street Sligo, F91 XH96
Auditor:	Porter and Co, Chartered Accountants and Registered Auditors, Millennium House, Stephen Street Sligo, F91 E7KH
Principal Bankers:	Bank of Ireland, Stephen Street, Sligo, F91 CC89
Solicitors:	Carter Anhold & Co, 1 Wine Street Sligo, F91 X58H

Our Governance Structure

Sligo Sport and Recreation Partnership CLG was incorporated in August 2002.

In addition to the SSRP constitution which primarily provides direction to SSRP as a legal entity, the SSRP operations are guided by the Board of Directors Handbook (developed with support from the Institute of Public Administration in 2021) and associated policies.

SSRP's governance framework is aligned with the Governance Code for Sport, which is overseen by Sport Ireland, and full compliance was achieved in September 2021.

Organisational Structure

SSRP is governed by a Board of Directors, representing statutory agencies, sports clubs and community organisations with membership in line with the SSRP constitution. All Directors are non-executive and sit on the Board on a voluntary basis. The Board is made up of individuals with a diverse range of experience and skills including governance, finance, marketing, research, community development, strategic planning and community sport.

Recruitment of Board members is done via statutory agency nominations, through the Public Participation Network for targeted seats and through a public call for nominations from sports clubs.



Section 1: Governance & Structure

Recruitment and Term of Office

Prior to initiating the recruitment process the Board, with oversight by the Chairperson, will oversee an audit of Board Directorship, with a view to ensuring that the Board meets the following good practice guidelines:

- The Board has an appropriate mix of experience and representation from target groups, including both agency and community representation
- The Board has appropriate gender balance
- The Board has the appropriate balance of skills required including financial, human resources and governance



The term of office for Board members is 5 years which reflects the term of each new Local Authority Council i.e., a five-year term, and is scheduled to ensure gradual renewal of various sectoral representation. The precise starting and ending of members' terms are maintained by the Company Secretary. While there is no legal requirement that specifies a maximum number of terms which individual Board members should serve, good corporate governance practice suggests an upper limit of two full terms, or a maximum 10 years, of appointment on a Board. In the SSRP context an upper limit of two full terms will apply to non-agency representatives from community and voluntary sectors whereby SSRP manages and controls the Board renewal process. However, SSRP recognises that in the case of agency nominations the final decision lies with the relevant statutory body and exceptions to the limitation to two terms of office may arise.



Section 1: Governance & Structure

Board of Directors 2022

Name	Representing	Specific Role	Skillset
Ms Emer Concannon	Sligo County Council Official	Chairperson - Board Member & Strategy Committee	Leadership/ Management/ Finance/ HR/ Governance/ Strategic Planning
Cllr Marie Casserly	Sligo County Council Public Rep.	Vice Chairperson - Board Member	Community Development/ Leadership/ Management/Governance
Mr Jack Lynch	Mayo Sligo Leitrim ETB	Company Secretary - Board Member & Strategy Committee	Leadership/ Management/ Finance/ HR/ Governance/ Strategic Planning
Mr Michael Carty	Sligo County Council Official	Board Member & Strategy Committee	Leadership/ Management/ Finance/ Governance/ Strategic Planning
Ms Cara O'Neill	Health Service Executive (Resigned February 2022)	Board Member	Leadership/ Management/ Strategic Planning/ Governance/ Health Promotion
Ms Liz Martin	Health Service Executive (Joined November 2022)	Board Member	Leadership/ Management/ Strategic Planning/ Governance/ Health Promotion
Mr John Feerick	Sligo Leader Partnership Co. Ltd	Board Member	Leadership/ Management/ Community Development/ Governance/ Strategic Planning
Mr Ross Lappin	Atlantic Technological University Sligo	Board Member	Leadership/ Management/ Governance/ Community Development
Cllr Dónal Gilroy	Sligo County Council Public Rep.	Board Member	Community Development/ Leadership/ Management/ Governance
Cllr Gino O'Boyle	Sligo County Council Public Rep.	Board Member	Community Development/ Leadership/ Management/ Governance
Ms Kathleen Kane	Sports Club/ Organisation	Board Member & ARC Committee	Risk Management/Leadership/ Management/ Governance/ Sports Development
Ms Máire McCallion	Sports Club/ Organisation	Board Member	Research/ Health Promotion/ Leadership/ Management/ Community Sport/ Governance
Mr Tommy Cradock	Sports Club/ Organisation	Board Member	Sports Development/ Leadership/ Management/ Community Development
Mr Gerald O'Connor	Sports Club/ Organisation	Board Member & ARC Committee	Risk Management/Leadership/ Management/ Governance/ Community Sport
Ms Tina Beirne	Sports Club/ Organisation	Board Member	Leadership/ Management/ Community Development/ Sports Development
Mr Joe McDonagh	Sligo Community Forum/ PPN	Board Member & ARC Committee	Risk Management/ Community Development/ Management/ Governance
Ms Geraldine Delorey	Active Age	Board Member	Health Promotion/ Community Sport/ Community Development/ Management
Ms Rose McGowan	Disability	Board Member	Disability Sport/ Leadership/ Management/ Community Development

The Role of the Board

The Board is collectively responsible for leading and directing SSRP, supervising the management of the organisation, and reporting on stewardship and performance. This collective responsibility is typically detailed in the schedule of matters; known as reserved functions, which the Board must perform, and is detailed in the Board Handbook. The Sports Co-ordinator is the accountable person to the Board for the delivery of its strategic plan and operational priorities and performance. The duties of the SSRP Board, as set out in the Board Terms of Reference, include:

- Setting the strategic direction and reviewing progress.
- Keeping up to date on strategic issues and changes affecting SSRP.
- Monitoring organisational performance.
- Ensuring that legal, regulatory, and governance obligations are adhered to.
- Monitoring and assessing its performance and that of its committees.

Section 1: Governance & Structure

The Board is responsible for the oversight of the organisation's financial governance, financial management, and internal control. As outlined in its schedule of matters, the Board makes key decisions around financial management. In particular, the Board has responsibility for:

- Approving the annual budget and operational plan and the monitoring of its implementation.
- Approving of draft accounts of SSRP, prepared after the end of the financial year and engaging with the external auditor.
- Determining annually the effectiveness of SSRP's system of internal controls, including financial controls. For example, roles and responsibilities, payment procedures, recording of transactions, purchasing, wages, and salaries, etc.
- Approving of banking arrangements.
- Approving delegated LSP spending levels.
- Determining and approving procedures to monitor, report, and enforce the relevant rules and requirements as set by the different funding sources contributing to SSRP.

Board Meetings & Attendance

The Board is required to meet 5 times per year with six meetings convened in 2022. Meetings took place on 26th January 2022/ 13th April 2022/ 22nd June 2022/ 5th October 2022/ 30th November 2022. Board meeting attendance is detailed in Appendix 1. The Sports Co-ordinator prepares a report for each Board meeting, which details activities and outcomes against the yearly operational plan and current strategic plan, while also preparing a financial report for each meeting, which is reviewed by the Strategy Committee in advance of Board consideration. A quorum of 6 is required for a meeting of the Board.

Board Member Induction Process

Induction to the Board of SSRP will occur as soon as possible after an individual has been selected to join the Board. In all cases, this will take place before attendance at their first meeting. Induction is the joint responsibility of the Chairperson, Co-ordinator, and Company Secretary and will involve:

- A meeting to introduce the role and aims of SSRP, its governance structures, its core activities, history and successes, an introduction as to how the Board functions, as well as the role and responsibilities of becoming a member of the Board.
- A new Board member or director will receive an induction pack, see Appendix 2 for details.

New Board members undertake appropriate training in Governance as soon as is possible following their appointment to the Board.

Conflict of Interest and Conflict of Loyalty

SSRP has a conflict of interest and conflict of loyalty policy. The Board of Directors are required to complete a Declaration of Interest Form when taking up their position on the Board. Arising from a Board decision in 2022 members have the opportunity at the beginning of each Board meeting to declare any conflicts which may arise before any agenda items are considered and if any events have arisen which may impact their independence/ or loyalty. In addition, where conflicts arise a member may be required to leave the meeting while the relevant item is discussed. Any instances of conflict which arise are recorded in the minutes, none of which occurred in 2022.

Committees:

The Board is supported by two committees who act in an advisory capacity with clear Terms of Reference in place and available on the SSRP website.

The Strategy Committee supports the Board and the Sports Co-ordinator regarding strategy, finance, governance and human resources. The Strategy Committee met on five occasions during 2022: 20th January 2022/ 30th March 2022/ 9th June 2022/ 22nd September 2022/ 21st November 2022. For membership and attendance see Appendix 3.

The Audit and Risk Committee (ARC) supports the Board by fulfilling their responsibilities in relation to good financial governance, financial reporting, risk management and control systems. This includes reviewing the comprehensiveness of assurances provided to the Board, ensuring that the Board assurance needs are met as well as reviewing the reliability and integrity of these assurances. The Audit & Risk Committee had three meetings in 2022: 6th April 2022/ 9th June 2022/ 17th November 2022. For membership and attendance see Appendix 4.

Section 1 Governance & Structure

Summary of substantive decisions taken by the Board in 2022 included:

- Approval of key funding applications including Sport Ireland core funding application, Dormant Accounts application and Covid-19 Return to Sport grant application.

- Approval of budget and operational plan for 2022.

- Provided leadership and oversight of the SSRP operations involving 21,380 participants engaging in a diverse range of physical activity, inclusive of all ages and all abilities.

- Strategic issues regularly discussed at Board level, with one such example being the opportunity to avail of the Swim Ireland Pop Up Pool initiative and the associated strategic decision regarding pool location.

- Staff restructuring process finalised, resulting in a Senior Administrator position and 3 Senior CSDO positions. An additional administration post was created and a part time CSDO position.

- The vacancy on the Board for the HSE representative following the resignation of Cara O Neill in February 2022 was filled by Liz Martin.

- Research into addressing the gap in financial expertise on the Audit & Risk Committee undertaken followed by the co-opting of Orla Lee, Deputy CEO of Sligo Credit Union onto the committee.

- Approval of the Sport Ireland Code of Governance Compliance Record Form for 2021.

- Formal review of the SSRP financial reserves policy initiated.

- Staff handbook reviewed and updated in conjunction with HR company Voltedge and approved at Board level.

- Oversight by the Board of the Data Protection Gap Analysis undertaken by Privacy Engine.

- Governance is an agenda item at all Board meetings, an example being the discussion on understanding, declaring and managing conflicts of interest and conflicts of loyalty with an outcome being the placement of both as a recurring agenda item at the start of all meetings.

- Update of Board Declaration of Interest Form and Code of Conduct, with both approved by Board and signed by members.

- Risk Management Policy and Risk Appetite Statement reviewed and approved by Board.

Note: Refer to Section 3, Goal 4 of this report for further detail of governance actions for 2022.

Section 1: Governance & Structure

Staff

Responsibility for the day-to-day operations of the organisation is assigned to the Sports Co-ordinator Deirdre Lavin who works with a team of staff to deliver on the annual operational plan. The Sports Co-ordinator attends meetings of the Board, by invitation of the Board, and is not a Director of the Company. The SSRP Senior Administrator attends meetings to record the minutes.

OUR TEAM



Deirdre Lavin
Sports Co-ordinator



Andrea Davey
Senior Sports Administrator



Alan French
Sports Administrator



Shane Hayes
Senior Sport Inclusion
Development Officer



Diane Middleton Cox
Senior Community Sport
Development Officer



Theresa Kilgannon
Senior Community Sport
Development Officer



Kate Frahill
Community Sport Development
Officer



Siubhean Crowne
Community Sport Development
Officer



Organisational Purpose

Section 2: Organisational Purpose



Our Vision

"Sport and Recreation: A Way of Life in Sligo."



Our Mission

Building a culture of sport and physical activity through planning, leading, and co-ordinating an integrated approach to sustained participation with sporting, community and statutory organisations.



Our Focus

In delivering this strategy 'Building a Culture of Sport and Physical Activity in Sligo 2018-2023', Sligo Sport and Recreation Partnership (SSRP) will undertake a wide range of actions and supports across four key goals.

Goal 1 - Increase Participation

We will co-ordinate and facilitate a diverse range of sport and physical activities for all members of the community.

Goal 2 - Build Capacity

We will assist the organisations and volunteers who provide sport and physical activity to develop and grow.

Goal 3 - Enhance Communications

We will promote awareness of the needs and opportunities for sport and physical activity through a shared vision and collaborative approach.

Goal 4 - Strengthen the Organisation

We will facilitate high standards of planning, governance and transparency in SSRP.

Section 2: Organisational Purpose

SSRP Purpose

The main objective for which the Company is established includes the administration and development of sport and physical activity in the County and the allocation as well as the distribution of funds for sport and physical activity. The Company objectives includes the enhancement and improvement of coaching in sports and physical activity in the County, the encouragement of increased levels of local participation in sport, especially among specific target groups. Other objectives cover the development of volunteer training and making arrangements for the better use of sports facilities and the promotion and facilitation of local sports programmes and physical activity events.

The Context in which we work

SSRP operates under the leadership and investment of Sport Ireland and we support them to realise their sports participation objectives locally. We are also guided by the National Physical Activity Plan for Ireland and the Healthy Ireland Framework.

We are informed at local level by the SSRP Strategic Plan 2018-2023 and the relevant plans and strategies of our local partners including the Sligo County Council Local Economic and Community Plan.

participation gradients by targeting groups in our society that participate significantly less than the overall average.

The National Sports Policy recognises the key role played by the Local Sports Partnerships in sports participation and how they can assist in the delivery of the participation actions set out in this Policy. The Policy has a total of 57 actions, 26 of which relate to sports participation and have relevance for Local Sports Partnerships.



The LSP network plays a vital role and has been tasked, in particular, with increasing participation levels in sport and physical activity, especially among those sectors of society that are currently underrepresented in sport. Their capacity to remove barriers and ensure that opportunities for participation in sport are progressive, innovative and fully inclusive at a local level is a unique and valuable strength.

National Sports Policy 2018-2027



Our Beneficiaries:

The people of County Sligo are the beneficiaries of Sligo Sport and Recreation Partnership. The vision and mission for SSRP is to support all those within County Sligo to be active. However, within the general population of Sligo there are specific groups we try to target and we are particularly interested in engaging with those who are least active to enable them to participate. The diagram reflects our priority target groups.



Local Sports Partnerships in the context of the National Sports Policy

In 2018, the Department of Transport, Tourism and Sport launched the 2018-2027 National Sports Policy. The Programme for Government has clearly set out new and ambitious objectives for sport to deliver on, most notably in sports participation goals, which increased from 50% of adults regularly playing sport, as set out in the 2018 National Sports Policy to 60% of adults regularly playing sport by 2027. To achieve this, the policy highlights the need to tackle

Our Core Values and Beliefs

We believe that sport enhances quality of life and that physical activity opportunities should be available to all ages, abilities and backgrounds. We believe that sport and physical activity should be enjoyable, improve our health and wellbeing, increase our skills and introduce us to new people and places. We believe in Sport for All and Sport for Life.



Accountability

We are accountable for our performance and take a planned and managed approach to our work.



Equality

We support the right of all members of the community to be involved in sport and physical activity regardless of age, ability, gender, ethnicity and social-economic background.



Empowerment

We acknowledge the importance of empowering individuals, clubs, communities and organisations to shape and deliver sports and physical activities which are relevant to them.



Partnership

We achieve our goal of increased participation through working in partnership and building positive relationships with sports clubs, communities, schools and agencies.



Quality

We believe enjoyable, quality programmes are critical to increasing lifelong physical activity.



Sustainability

We promote and support sports participation opportunities which have the potential to be self sustaining.



Objectives, Achievements & Performance

With our partners our key achievements for 2022 were:

21,380

participants in sport and physical activity



Including:

965
Women in Sport Initiatives



376
Urban Outdoor Initiative



5,384
Extra-Curricular School Sport



1,078
Individuals Involved in Pop Up Pool



536
Open Water Swimming Programmes



1,242
Community Sports Hubs



737
Sports Inclusion Disability Project



10,465
Disadvantaged Communities



Building Capacity

597 Coaches, volunteers and community leaders supported in education and training

Including:

151
Participants involved in Safeguarding training



183
Participants registered for ICoach Kids Conference

Funding

€829,768

in funding available to SSRP including

€341,881

invested in club/community initiatives

Communication



2021: 8,085
2022: 8,758
Increase: **8.32%**



1,747
2,013
15.23%



464
537
15.73%

• 'Participant' figures may include individuals counted more than once where they have participated in more than one activity.

Section 3: Objective, Achievements & Performance

Our Achievements and Performance in 2022

Arising from a mid strategy review in 2021 and ongoing programme monitoring it is apparent that SSRP is on track to achieve the 22 objectives in the Strategic Plan 2018-2023.

The current status regarding the delivery of the 22 objectives of the plan are as follows; 20 objective areas: - Largely Completed, 2 objective areas: - Significant Element remaining to be delivered. It is expected that all the planned objectives will be fully achieved by the end of 2023 in line with the strategy timeframe.

Significant strides were made in 2022 towards the realisation of the objectives of the Strategic Plan as shown in table below with 21,380 participant places achieved which reflects a 21.24% increase from 2021. Notable increases in participation were realised in certain areas of work including Children and Youth extra-curricular sport (20.80 % increase), Open Water Swimming (47.66 % increase) and the new Pop Up Pool which attracted 1,078 participant places. The Return to Sport grants enabled a significant increase in reach into local communities.

Summary of 2022 Achievements

Table 1 - Goal 1: Increase Participation	2022	2021
Children & Youth - Extra-curricular School Sport	5,384	4,264
Community Sports Hubs	1,242	1,435
Women in Sport Initiatives	965	896
UOA (Urban Outdoor Adventure Project)	376	998
Sports Inclusion Disability Project	737	411
Seniors Sport	341	858
Open Water Swimming	536	363
Men in Sport Initiatives	82	89
Special Project Participation Initiatives	2,315	2,273
Covid-19 Return to Sport Grants	7,344	2,810
Education and Training	446	341
Safeguarding	151	144
Women in Leadership	N/A	147
Pop Up Pool	1,078	N/A
Other Programmes	383	2,631
Total:	21,380	17,634

Key Considerations Going Forward

Since the development of the SSRP strategy in 2018 a number of noteworthy trends have emerged which the Board and SSRP staff are cognisant of and have adapted to as we continue the implementation of the strategy.

- The National Sports Policy continues to be the key guiding document for Local Sports Partnerships. The engagement by LSPs with Local Authorities in the development of Local Sports Plans needs consideration as does the area of priorities for sports facility development.
- Covid-19 and the resulting new ways of working has brought about different options on how to work and how to facilitate programmes.
- Gravitation towards physical activity in the outdoors is evident. Continued increase in the awareness of the outdoors for physical activity including walking, cycling and running and sustained growth in the popularity of water-based physical activity, particularly opportunities for open water swimming are apparent.
- The significant growth in use of communications campaigns to promote sport and physical activity has emerged.
- Funding streams are varied and SSRP needs to be clear with regard to its positioning in order to access the funds that best fit the organisation towards the achievement of its objectives.
- The importance of good governance to the effective working of SSRP remains a very high priority with Sport Ireland, the SSRP Board and staff.

Section 3: Objective, Achievements & Performance

Challenges encountered in 2022 and SSRP response

2022 Challenge	SSRP Response
Ongoing Covid-19 restrictions particularly in Quarter 1 and 2 of 2022.	SSRP continue to respond with innovative ways of connecting in the outdoors prioritised in the first half of 2022.
Managing the extra demand for programmes once restrictions were lifted in the second half of 2022.	SSRP staff responded by successfully engaging with partner organisations in the community who had the capacity to support the delivery of programmes. Also, the coaches database was reviewed and a recruitment process succeeded in attracting new coaches.
Addressing the slow return to sport for those most effected by the pandemic, particularly people with a disability.	SSRP linked with disability organisations and various agencies to plan a gradual return to sport which involved opportunities in the outdoors at the outset and this was followed by a gradual return to activity in low numbers indoors.
Reluctance and fear among older adults to return to sport.	In the early part of the year some programmes involving low numbers in the outdoors were facilitated and as restrictions eased the Seniors Sports Fest was showcased in order to encourage a return to sport with over fifty older adults involved.
Re-establishing connections and links with partner groups and clubs.	SSRP sports development staff availed of opportunities to be part of various working groups and networks at both local and national level while also reaching out to numerous sports clubs and community organisations.
Drop-off in volunteering due to the pandemic.	SSRP offered education opportunities with a highlight event being the hosting of the regional ICoach Kids conference which got a huge response with over 183 registered. Funding was made available to support volunteers in sport training.
Reduction in face to face training and the associated social connection due to training being delivered predominantly online.	SSRP linked with a number of NGBs to facilitate on site coach education opportunities involving 224 participants.
Coaches on SSRP community coaches database no longer available post pandemic.	SSRP reached out to coaches with training support while also undertaking a recruitment drive for new coaches which resulted in some new coaches coming forward which was particularly evident in the Enniscrone Community Sports Hub area.
Adapting to new online systems of payment of invoices and coaches from July 2022 onwards.	SSRP staff received training and guidance documents to adapt to the online payment systems.



Section 3 - Goal 1: Increase Participation

Our goal is to facilitate a diverse range of sport and physical activity opportunities for all members of the community.

2022 Highlights

- SSRP awarded LSP of the Year 2022 at the Irish Industry Sports Awards, hosted by the Federation of Irish Sport.
- Increase in number of participants on physical activity programmes from 17,634 in 2021 to 21,380 in 2022.
- Successful research and planning for the Pop Up Pool, facilitating 89 programmes with 1,078 participants benefiting from the opportunity to swim.
- Strong engagement with extra-curricular school setting involving 5,384 participants across 81 programmes. The key highlight was the annual Primary Schools Athletics Fest involving 39 schools and 1,212 participants.
- Open water swimming opportunities facilitated for 536 participants.
- A highly successful pilot 'Try with Pride' initiative hosted involving 15 participants with follow on pathways created into Sligo Triathlon Club and open water swimming.
- Urban Outdoor Adventure Project reached 376 participants from disadvantaged areas with 17 programmes facilitated.
- Clear impact of the Enniscrone Community Sports Hub which targets rural and economic disadvantaged communities emerging with 838 participants engaged in 2022 and 3 sustainable clubs established.
- A gradual return to sport for key target groups such as seniors and those with a disability, was supported successfully.
- 150 participants engaged with National Play Day.

Extra-curricular Children and Youth Sport

Supporting young people to be active in the extra-curricular school setting is a priority for SSRP. As depicted in Table 2, SSRP achieved an increase in levels of participation in comparison to 2021. 2022 witnessed the successful return of the Primary Schools Athletics Fest, after a two year break due to the pandemic.

A drop-off in participation numbers across the Balance Bike programme was recorded. This decrease is attributed to the cessation of key funding from Healthy Ireland. The drop off in numbers for the Girls Active Fest may be as a consequence of the festival taking place outdoors, with reduced numbers during the latter stages of the pandemic.

Ag Súgradh le Chéile

There was fantastic engagement from schools in the ASLC programme with 33 workshops delivered involving 831 participants with 420 children, and 411 parents and guardians. The aim of the programme is to encourage parents to engage in active play with their children. Workshops are delivered to parents/guardians with their children. They consist of a variety of one to one games that are active, fun and enjoyable for adults and children. 2022 saw the return of workshops on school grounds.



Ag Súgradh le Chéile

Girls Active:

Girls Active, an extra-curricular physical activity programme for teenage girls was a great success in 2022. It aims to increase the number of teenage girls involved in long-term regular physical activity by developing a more supportive environment for girls in secondary schools. The Girls Active extra-curricular programme saw 527 girls participating from 11 secondary schools. The annual Girls Active Fest took place in April with 181 girls attending Cleveragh Park to participate in a range of activities. The programme removes the competitive emphasis in sport, which can be off-putting for girls, while offering opportunities to try different sports. Central to the success of the programme is the Girls Active co-ordinating teacher based in each school; they volunteer their time to organise activities and encourage the girls to take part.



Table 2 - Goal 1: Extra-curricular Children & Youth Sport	2022	2021	Variance	Variance %
Balance Bike Programme	196	288	-92	-31.94%
Ag Súgradh le Chéile	831	0	831	100%
Youth Sport West	2,437	2,112	325	15.39%
Girls Active Programme	527	430	97	22.56%
Girls Active Festival	181	234	-53	-22.65%
Athletics Fest	1,212	1,200	12	1.00%
Totals:	5,384	4,264	1,120	20.80%

“ Really enjoyed the experience and fun that I had with my son. Thanks so much!
- Ag Súgradh le Chéile Participant ”



“ You get to try new activities and possibly find something you enjoy or are good at. ”
-Girls Active Participant



Case Study: SSRP SuperValu Athletics Festival 2022

Overview



The SSRP SuperValu Primary Schools Athletics Fest took place in September with over 1,200 children taking part in the event. The event was planned to coincide with European Week of Sport and was SSRP's flagship event. There were 10 different events on the day, including; Junior Boys, Girls and Mixed 4x100m relay, Senior Boys, Girls and Mixed 4x100m relay, Senior Boys 200m, Senior Girls 200m, Senior Boys Shotput and Senior Girls Shotput. The event was supported by volunteers from County Sligo Athletics Association and local athletics clubs.

Aims



- The primary aim of this event is to encourage participation rather than competition.
- To create opportunities for young people to experience athletics in a fun, enjoyable and non-competitive environment.
- To promote athletics awareness in schools across County Sligo.
- To bring children from a variety of schools across County Sligo together in a celebration of athletics during European Week of Sport.
- To support a pathway from school to club athletics.

Implementation

- Athletics Fest promoted as SSRP's flagship European Week of Sport event.
- Planned, promoted and recruited coaches to complete Athletics Ireland Assistant Athletics Coaching Course.
- Promoted the event and created a interest for schools to participate in the SSRP SuperValu Athletics Fest 2022.
- Liaised with County Sligo Athletics Association and local athletics clubs to plan the 10 events on the day.
- Worked with our partner ATU Sligo to secure the Athletics Arena.
- Enlisted the help of SSRP staff and a local secondary school to volunteer on the day for this flagship event.
- Invited Sport Ireland and Athletics Ireland representatives to attend.



Outcomes

- 1,212 children participated.
- 39 schools registered to participate.
- 12 secondary school transition year students volunteered at the event.
- 24 coaches completed Assistant Athletics Coaching Course.

"This event showcases athletics at its very best with enjoyment, participation for all and the team spirit of relay events all being evident and all made possible through fantastic collaboration at local level with oversight from Sligo Sport and Recreation Partnership."

Dermot McGranaghan, Athletics Ireland



Next Steps

- To continue to sustain and develop the Athletics Fest.
- Ensure that all schools get an equal opportunity to participate however, limited capacity does not always allow this. SSRP will aim to ensure fairness in the application process.
- Continue to have Athletics Fest as the flagship event during European Week of Sport.

Section 3

Community Sport

Leading and co-ordinating collaborative, sustainable and community-led approaches to support the development of physical activity opportunities in disadvantaged areas was achieved in 2022. Some of these initiatives included; the Pop Up Pool, Community Sports Hubs, Open Water Swimming and Tri for Pride.

Open Water Swimming

A partnership approach between Sligo Sport and Recreation Partnership, Swim Ireland and local community partners to promote safe open water programmes in rural areas including Enniscrone, Easkey, Aughris and Dorrin's Strand was undertaken in 2022. 43 programmes were delivered involving 536 participants including; Weekly Dippers, Dipper to Swimmer, Beach to Buoy, Open Water Skills and youth lessons.

Diversity

Diversity Sligo and Sligo Sport and Recreation Partnership have linked up to provide a subsidised Gym & Swim programme at Sligo Regional Sports Centre for adult residents at Globe House, a direct provision facility in Sligo Town. Participants received subsidised tickets to avail of the facilities. The initiative has made attending the gym and pool more accessible for asylum seekers. 118 participants availed of the programme, which reflects 80 males and 38 females. Two programmes were completed between May and August.

Table 3 - Goal 1: Community Sports Hubs	2022	2021	Variance	% Variance
Enniscrone	838	681	157	23.05%
East City	404	363	41	11.29%

Enniscrone Community Sports Hub

The Enniscrone Community Sports Hub was a resounding success in 2022 resulting in a significant increase in sports participation as depicted in Table 3. Capacity building was a particular focus in 2022, with Athletics Ireland and Basketball Ireland coaching courses, FAI's Walking Football workshop, Safeguarding workshops and an Assistant Surf Lifesaving course facilitated. These helped to support the development of 3 new sports clubs; West Sligo Athletics Club, Razorbacks Basketball Club and Enniscrone Surf Life Saving Club, and a new club outreach programme with Enniscrone Kilglass United FC, delivering Walking Football for local community groups. Community Sport was also a key highlight providing a variety of programmes led by local community organisations

such as the Family Resource Centre, Men's Shed and the local community centre with support from SSRP including; Chair-based yoga, Buggy Buddies, community basketball, sports camps and family fun days. SSRP and Swim Ireland also joined forces to deliver open water programmes from May to September including Beach to Buoy, Open Water Skills, youth lessons, teenage lessons and Weekly Dippers. Swim Ireland and Enniscrone & District Community Council delivered a Swimmin' Women mid-life programme at Waterpoint Leisure Centre. Capital work also commenced linked with the Enniscrone & District Community Development Committee to develop an athletics track, and to trial a beach access mat for people with a disability and those with mobility issues with support from Sligo County Council and Swim Ireland.

East City Community Sports Hub

While national funding for this project through the Sport Ireland Dormant Accounts programme ceased in 2021 it was fantastic to see the programme of sport and physical activity sustained through great engagement from community clubs, organisations and support from the Sligo County Council Cranmore Regeneration Project (Table 3). People of all ages and abilities were encouraged to be active with a range of programmes on offer including; fitness classes, dance, multi sport, summer camps and swimming.

The recently established under age structure at Abbey United Football Club went from strength to strength in 2022 with over 90 youths, male and female, involved in coaching and team competitions. An opportunity was afforded to 20 youths, teenagers and adults to experience 'Try Angling' on the Garavogue River, a fantastic amenity in their neighbourhood. Another successful initiative involved 10 young people from the Cranmore Resource Project attending basketball training provided by Sligo All Stars Basketball Club at the nearby Sligo Regional Sports Centre.

The collective and sustained effort of all stakeholders including SSRP, Sligo County Council, Cranmore Regeneration Office, Cranmore Co-operative Society, Abbeyquarter Community Centre, Cranmore Resource Project, Health Service Executive and local sports clubs has ensured that the East City community continues to enjoy opportunities to enable them to live active and healthy lives.

Case Study: Pop Up Pool



Overview

This national innovative Pop Up Pool project was a joint pilot initiative led by Swim Ireland and supported by Sligo Sport and Recreation Partnership and Sligo County Council. Swim Ireland facilitated the first Pop Up Pool in a rural disadvantaged community from September to December 2022 in Tubbercurry, a community which had no local access to a swimming pool within a reasonable travel distance.



Aims

- To provide access to swimming in a rural community.
- To enhance swimming opportunities for high priority target groups.
- To deliver an innovative solution to a very real problem.
- To support target groups who would not have any access to swimming pool facilities.

Implementation

- A collaborative approach between Swim Ireland, Sligo County Council and SSRP was undertaken.
- SSRP supported Swim Ireland to identify a suitable location, engaged support from Sligo County Council and the local community.
- Promoted, targeted and recruited participants and groups for swimming programmes, including representatives from the community, engaging with the Family Resource Centre, local primary and secondary schools, sports clubs, active age clubs, women's groups and disability services.
- Swim Ireland managed the pool, recruited and trained staff and administered the booking system.



Outcomes

- Highly effective collaboration between Swim Ireland, SSRP, Sligo County Council and the Tubbercurry community to make this project a success.
- Improved access to a local swimming pool facility and facilitated swimming programmes providing 8,555 participant places over 4 months. This overall number of participants reflects 1,078 individuals which included 534 individuals from 9 community group and 544 youth from 7 schools.
- The Tubbercurry Pop Up Pool received an extension from Swim Ireland for an additional 3 months from January to March 2023, based on the success of the project in 2022.

"We are very lucky to have this facility in Tubbercurry, especially for our age group who are enjoying getting together for aqua aerobics, especially after 2 years of doing nothing. We don't have to travel, and some members are even within walking distance, and we really appreciate it."

Participant, Tubbercurry Active Retirement Group



Next Steps

- Post programme opportunities will include a pathway of participation into Sligo Summer Open Water Series programmes led by Swim Ireland and supported by SSRP which takes place in various locations around Sligo from May until September annually.
- Participants who have developed their swimming skills and water confidence will be encouraged to progress to other water-based sport opportunities including kayaking, stand up paddle boarding, surfing and rowing.
- A report was produced and strategic discussions on future pool provision in Sligo initiated.



Case Study: Tri With Pride

Overview



The Sligo community were deeply saddened by the local violent crimes which were motivated by prejudice and discrimination in 2022. Sligo Triathlon Club have a strong working relationship with SSRP delivering a highly successful Women's Try a Tri and Men's over 35 years Try a Tri on an annual basis. In response to the recent incidents, the club actively reached out to SSRP to seek support to develop and promote a positive inclusive Tri With Pride programme in a friendly safe environment.

Aims



- Support Sligo Triathlon Club to introduce a new initiative, Tri With Pride for the LGBTQIA+ community with the aim of introducing people to triathlon.
- Celebrate diversity and promote inclusion through a pro-active programme opportunity for lifelong participation for everyone.
- Provide support to sports clubs to develop outreach programmes proactively targeting diverse communities.
- Partner with key organisations to support the promotion and delivery of the programme.

Implementation

- Collaborative approach between Sligo Triathlon Club, SSRP, Triathlon Ireland, Swim Ireland, Sporting Pride, Sligo Pride and Sport Ireland to develop an inclusive programme.
- Identified important barriers and developed solutions with the support of Sport Ireland's Diversity and Inclusion Policy launched in 2022.
- Supported Sligo Triathlon Club to deliver a 6-week beginner training programme.
- Positive promotion of an inclusive programme locally.



Outcomes

- 15 beginners to triathlon who are members or allies of the LGBTQIA+ community participated in the 6-week programme and Tri with Pride event.
- 6 participants joined the Sligo Triathlon Club after the programme and 1 is now a committee member.
- 7 completed a follow-on open water swimming programme with Swim Ireland and 1 signed up to complete an open water coaching course.
- 1 participant who could not swim before the programme awarded the John O'Donnell Cup at the Channel Cup Swim 2022 for her dedication to swimming.
- Club event Co-ordinator announced as 'Community Person of the Year' at the Sligo County Councils Cathaoirleach's Awards 2022, and has been selected for SSRP's Women in Leadership Course in 2023 and elected as Club Chairperson for 2023.



Next Steps

- Continue to support Sligo Triathlon Club to build capacity to deliver quality inclusive programmes.
- Continue to link and promote sport and physical activity programme opportunities with Sligo Pride and Sporting Pride.

"It meant a lot to have an event that was positive following what happened. As a member of the LGBTQIA+ community you are always coming out with new people and new situations. Some people and places feel safer than others. With what happened I felt unsafe and things were a bit dark, Tri with Pride came along and it was a safe place and everything was a bit brighter."

Tri for Pride Participant

Section 3:

Sport for People with a Disability

Following the pandemic it was very positive to witness a gradual increase in participation rates for people with disabilities, a sample of programmes highlighted in Table 4.

Table 4 - Goal 1: SIDO	2022	2021	Variance	% Variance
Social Soccer	17	11	6	54.55%
Surf 4 All	15	24	-9	-37.50%
Surf Therapy	18	16	2	12.50%
Enjoy Tennis	57	39	18	46.15%
GymAble	93	54	39	72.22%
Woodlands for Health	16	10	6	60.00%

Surfing Camps Everyone Can Surf

Given our ideal location, surfing is one of the most accessible sports in County Sligo. Through our range of inclusive surfing programmes, Surf 4 All (Streedagh), Surf Therapy (Enniscrone) and Inclusive Surf Experience (Strandhill), surfing is fast becoming one of the most popular sports for people of all ages with disabilities. More than 35 young people took part in our surfing programmes geared toward people with disabilities in 2022. Linking with Irish Surfing as well as County Sligo Surf Club and local surf providers 7th Wave Surf School and Sligo Surf Experience, SSRP delivered accessible and affordable surf programmes to children with a range of additional needs. Surfing provides many sensory pleasures for the children involved and the therapeutic effect of being in the water, and indeed on the beach allows a positive experience, which is hard to match in other activities. With support locally from the HSE children's Disability Networks team, the programmes can offer 1 to 1 and small group environments where children who require additional support can thrive and enjoy the sport of surfing. Parents of the children involved have been enthused by the programmes and the outcomes for their child. SSRP plan to continue to use our fantastic natural resources to ensure that Surfing in Sligo really is for everyone.

Beach Access Mat

Sligo Sport and Recreation Partnership were delighted to link with Enniscrone & District Community Development Company, Sligo County Council and Swim Ireland to provide grant aid towards a beach access mat, as part of the Enniscrone Community Sports Hub initiative. The mats are specific beach accessibility mats that have been developed for use in permanent or temporary recreation access points for people with disabilities, walkers and elderly visitors or parents with strollers. An access mat is portable and removable, and can be used in a multitude of settings so that everyone can access the beach.

Enjoy Tennis

Making tennis an inclusive and accessible sport for people of all abilities has become a reality through the links established between SSRP, Tennis Ireland and Sligo Tennis Club. With programmes available for young people with autism, inclusive school's programmes, adult intellectual disability programmes and the visually impaired tennis programmes, the initiative offers a range of quality opportunities for people with disabilities to learn, and most importantly enjoy the game of tennis in Sligo. Stuart Haxell, a local player who is visually impaired began his passion for tennis when he attended a 'Come & Try' event organised by SSRP in 2016. Since then, Stuart has progressed to become the number one Irish player in the B1 (full visual impairment) category and has been playing locally, nationally, and internationally with significant success. Most notably though, is what the game of tennis has meant to Stuart personally. Outlining his love for the game Stuart explained, *"The sport has validated me in a way that other sports haven't. It has shown me that I can do whatever I put my mind too if I try hard enough. It's given me a life beyond what I thought was possible."*



The sport has validated me in a way that other sports haven't. It has shown me that I can do whatever I put my mind too if I try hard enough. It's given me a life beyond what I thought was possible.

-Stuart Haxell - Irish B1 Tennis Player

“ The 1:1 ratio is fantastic, we would find it hard to get that anywhere else. The personal attention is so positive, and he loves the water, so this programme ticks all the boxes. ”

- Parent of Surfing Camp Participant



Section 3: Goal 1: Increase Participation

GymABLE

Combining school based and extended summer programmes tailored to the needs of each child, over 80 children participated in GymABLE programmes in 2022. These opportunities were hugely important to children's development as outlined by one parent who stated *"the impact of the GymABLE programme over a short space of time was unbelievable. The coaches were amazing and kind, which was just what my daughter needed. The confidence she built up over these sessions is indescribable"*. The Sligo GymABLE programme supported by DyNamo Gym Club continued to receive national recognition for its commitment to providing quality opportunities for children with disabilities to participate in gymnastics. For the second year running, a DyNamo/ SSRP coach was awarded GymABLE Coach of the Year with Karen Friel who has been coaching children with disabilities from across County Sligo through the GymABLE programme receiving the award.



“ Week by week their confidence grows and they learn new moves, the smiles become bigger.

-Karen Friel
Gymnastics Ireland
GymABLE Coach of the Year 2022



“ I don't know where to start, the impact of GymABLE was unbelievable. The confidence that was built up is indescribable. ”

-GymABLE Parent



Case Study: Inclusive Lawn Bowls

Overview



Sligo Sport and Recreation Partnership linked with Sligo Lawn Bowls Club to develop an inclusive element to the clubs activities. Sligo Lawn Bowls Club was very committed to building a strong foundation for the inclusion of people with disabilities in their club. By working in collaboration with the SSRP Sports Inclusion Officer, increased opportunities for people with disabilities in Sligo have been created to play the game of lawn bowls. Local club coaches and volunteers ensured that people with disabilities could regularly participate in and enjoy the game of lawn bowls.

Aims



- Make the game of lawn bowls accessible to adults with disabilities in Sligo.
- Build the capacity of personnel in Sligo Lawn Bowls Club to increase opportunities for people with disabilities to play the game.
- Deliver a 'Come & Try' event followed by weekly inclusive sessions.
- Recruit Sligo Lawn Bowls Club coaches and volunteers to engage in Disability Inclusion Training opportunities.

Implementation

- Linked with Sligo Lawn Bowls Club committee/ coaches to plan a 'Come & Try' day as part of an open club weekend.
- Advised and supported club to purchase inclusive equipment where required.
- Supported club to undergo necessary vetting/ training required for working with vulnerable adults.
- Promoted inclusive club 'Come & Try' open day.
- Agreed follow up programme details with club.
- Monitored weekly programme development.
- Strengthened links between SSRP, Sligo Lawn Bowls Club, Sligo County Council and local disability services.



Outcomes

- Inclusive 'Come & Try' event held with 19 adults with a range of disabilities attending.
- 8 club coaches/ volunteers attended Disability Inclusion Training.
- 12-week follow on inclusive club programme delivered weekly by club coaches and volunteers with an average of 15 people attending.
- Accessible and inclusive equipment purchased to support people with a range of additional needs.

"Our Monday mornings Inclusive Club sessions have been a huge hit since the open day in May 2022. As a club it really was an eye opener and to see the fun and smiles on people's faces during the session was one of the most rewarding things I've personally ever been involved in with any sport. Our Inclusive Club has not only gone from strength to strength locally and was recognised nationally by the Irish Lawn Bowls Development Committee who have visited the club on numerous occasions to see exactly how the sessions run with a view to rolling out similar sessions nationwide."

Sligo Lawn Bowls President.



Next Steps



- Recruit additional club members to become coaches/ volunteers to support the inclusive programme.
- Support the installation of improved and accessible facilities/ toilet.
- Continue to support inclusive programmes which are led by Sligo Lawn Bowls Club.
- Support additional education/ training requirements for club members.

Section 3

Women in Sport

Increasing participation by women in sport remained a priority in 2022 with a range of initiatives facilitated in collaboration with key stakeholders in the community.

Highlights

- Co-ordinated a Women in Sport social media strategy for International Women's Day and Women in Sport week.
- Women's Tour of Lough Gill hosted with 62 women involved.
- Women's surfing event facilitated by female instructors involving 39 women.
- Women and teenage girls kayaking introductory programme hosted involving 22 participants hosted.
- Women's Try a Tri facilitated engaging 41 women.
- Women in Leadership networking event held.



Her Outdoors Week

HER Outdoors Week was a resounding success in 2022. The week to celebrate and encourage more females to get out and enjoy the benefits of being in the outdoors while bringing visibility to the opportunities for females to get involved in outdoor physical activity including; watersports, hiking, climbing, archery, biking and outdoor adventure activities.

SSRP linked with 4 clubs and 2 commercial providers to host 'Come and Try' events during the week. Two Women in Sport funded programmes took place and resulted in 39 women experiencing surfing and 22 women and teenage girls experiencing kayaking. Tasters events were delivered by Sligo Climbing Club, Sligo Rowing Club, Northwest Mountain Bike Club and Sligo Orienteering Club with 49 women taking part. It was fantastic to see that the sessions were 95% delivered by female coaches and instructors, showing the progress of women taking up coaching roles within these clubs. Another successful element of the week was the networking event for female coaches of outdoor sports in Sligo involving eight coaches. In total 118 females participated in events during the week.

Swimmin' Women Midlife Programme

SSRP in conjunction with Swim Ireland delivered the Swimmin' Women programme with Waterpoint Leisure Centre in Enniscrone. Exercise can be extremely useful in getting a head start on the risks associated with menopause. This fun 8-week aqua aerobics and swimming programme has a specific focus on resistance and cardiovascular exercises to mitigate menopausal health risks and alleviate symptoms. The programme supported 10 midlife females who all received a Swim Ireland goodie bag, swim cap and women's health pamphlets.

Men Over 35

Targeting men over 35 was addressed in 2022 with a number of initiatives facilitated.

Highlights

- Community Rowing for Men facilitated for 32 men at 2 community sites.
- Men on the Move programme facilitated for 40 men at 2 sites.
- 40 men engaged in Social Basketball.
- Pilates and indoor rowing programmes facilitated for 14 men in highly disadvantaged communities.



Men on the Move

Men on the Move encourages men over 35 years to get more active, have fun and improve their fitness levels. The programme is focused on inactive men over the age of 35 years to get men moving. The 6-8 week programme was led by Curry GAA Healthy Club and St. John's GAA Healthy Club who re-introduced 40 men back to exercise in a fun and relaxed environment. The programme included twice weekly classes over 6-8 weeks with an added workshop 'Calming a Busy Mind', led by a transformational coach. The relaxed environment ensured the session was enjoyable but also highly practical so that the men can apply the learnings to any part of their life.

Section 3

Senior Sport

Following the pandemic it was positive to see older adults returning to sport across a number of initiatives. SSRP worked in collaboration with a number of community partners and Age Friendly Sligo to create opportunities for physical activity as part of ageing well.

Walking Football

Walking Football, a non-contact form of exercise targeting over 40-year olds to play indoor or outdoors, is a new exercise programme from the FAI. Kilglass Enniscrone United Football Club took a keen interest in developing the programme with support from SSRP, the FAI and the West Sligo Family Resource Centre. They delivered 3 programmes involving 30 people with Enniscrone Men's Shed, Crafty Ladies Women's Group and Dromore West Community Centre. To support the further development of this initiative in Sligo, SSRP hosted a Walking Football information and coaching clinic. 12 coaches, leaders, volunteers and staff represented 8 clubs and organisations hoping to develop the programme in their area.

Inclusive Outdoor Gym

Partnering with Sligo County Council on the Inclusive Outdoor Gym Initiative at the facility in Doorly Park, SSRP worked closely with the local Parks Department to research, fund and install a number of inclusive outdoor gym equipment pieces to support people with physical disabilities to enjoy this fantastic facility. The new equipment also complements the Inclusive Outdoor Gym programme and enables SSRP to bring more older adults together both with and without disabilities to engage in meaningful opportunities to be physically active in an accessible, safe and supported setting.



Seniors Fest

The effect of the pandemic had an impact on us all, none more so than our older population. With daily exercise routines disrupted and face-to-face contacts restricted, many older peoples activity levels reduced. Locally, SSRP with support from key partners in the HSE Older Persons Services and Age Friendly Sligo continued to promote active and healthy living for older people in Sligo. Supporting exercise for all ages, Sligo Sport and Recreation Partnership re-introduced the Seniors Sports Fest designed to get older people in Sligo more physically active. The festival, held in the Knocknarea Arena, ATU in June 2022 welcomed more than 50 older adults from 12 different groups throughout Sligo to participate in a variety of physical activities. Headlining the event was the hugely popular indoor curling competition with additional activities on offer (dance, chair based exercise and walking), selected to introduce participants to exercise opportunities they could take part in on the day or back in their own communities.



Section 3

Outdoor Adventure Initiatives

The popularity of physical activity in the outdoors witnessed during the pandemic remained strong in 2022 with SSRP responding to the demand by facilitating a number of initiatives.

Urban Outdoor Adventure Initiative

The Urban Outdoor Adventure Initiative for 2022 concentrated on facilitating urban orienteering and cycling opportunities for disadvantaged communities. In March the Urban Orienteering Maps for Sligo Town were launched at an event with 150 participants. The Map Run 6 app currently has 5 maps for Sligo Town Centre, 1 for ATU Sligo and 6 maps in Cleveragh Park. Orienteering Ireland delivered Ready to Go training to 20 teachers/ coaches and leaders in Sligo and empowered them with the skills to use this new innovative app. Learn to Orienteer programmes took place with 88 participants involved.

Women's Mountain Biking

During Her Outdoors Week and Bike Week mountain biking taster sessions took place at Coolaney National Mountain Bike Park. There was significant interest from women who participated in a 6-week skills course. Two courses took place in October and November and 12 women completed the training. There is a keen interest from participants to join the North West Mountain Bike Club with a number looking to take part in the planned Women's Gravel Event in early 2023.

Urban Play

'Let's Play Sligo' hosted a series of highly successful and innovative play initiatives and projects for the people of Sligo, overseen by the Let's Play Sligo URBACT Local Group, a collaboration involving all key local stakeholders. The Let's Play Sligo concept stems from an EU - URBACT initiative which sees a 'Transfer Network' in Ireland sharing good practice in sustainable urban development between cities and towns. Sligo is one of five towns learning best practice from lead city Cork on how to develop and enhance a playful culture on its streets and within the community. Two play bags with giant board games and equipment were purchased and used at a number of community events. Urban Play Day's took place on the streets of Sligo throughout the year, opening up the streets to play while closing them to traffic.



“ I have definitely seen an increase in women joining our mountain bike club, NWMTB. We have gone from three women to now thirteen.

-Chairperson NorthWest MTB”

Case Study: Urban Outdoor Adventure Initiative - Cycling

Overview



A cycling initiative in partnership with Sligo Community Training Centre (Sligo CTC) incorporated as part of the Urban Outdoor Adventure Initiative. This included a training element for 3 Sligo CTC staff, funding to support the purchase of equipment including 9 mountain bikes, safety equipment for Sligo CTC and the delivery of a mountain bike skills cycling programme to participants aged 16 to 22 years within Sligo CTC.

Aims



- Increasing cycling for the target group of 16 to 22 years.
- Increase knowledge and skills of tutors within Sligo CTC.
- Sustained delivery of cycling programmes to Sligo CTC learners.
- Developed model of delivery for potential replication for future projects.

Implementation

- Created a partnership agreement with Sligo CTC for the cycling initiative.
- Trained 3 Sligo CTC staff through the Cycling Ireland Ride Leader Course.
- Funded Sligo CTC to purchase 9 mountain bikes and safety equipment.
- SSRP delivered a cycle skills programme to 12 Sligo CTC learners.
- Sligo CTC tutors led small groups cycles with learners.



Outcomes

- Sligo CTC tutors qualified to be Ride Leaders with Cycling Ireland.
- Sligo CTC sustained cycling as an activity and added it to their programme for learners.
- Increased cycling skills with 16 to 22 year olds.
- Sligo CTC learners cycling on a regular and sustained basis.
- Sligo CTC learners took part in Bike Week activities.
- Total number of participants involved in programme included; 3 staff, 10 learners on cycling skills programme and 25 learners on cycle rides.

We are delighted with how having the bikes available in the centre has worked out for us, the bikes have been used by various groups within the centre including the sports group, a Girl's Active programme and a Lad's Active programme. The fact we have staff trained as ride leaders allows us great flexibility in when we can make use of the bikes.

Sligo CTC Sports Tutor



Next Steps

- Support Sligo CTC staff in further cycling tutor training to facilitate continuing delivery of cycling initiatives on a regular and sustained basis with learners in their centre.
- Roll out the initiative with Ballinode Community College to support extra-curricular cycling with disadvantaged students.

Section 3 - Goal 2: Build Capacity

Goal 2 Building Capacity:

2022 Highlights

- Club and community centre grant aid support provided to enable a return to sport following the pandemic with €82,366 allocated across 77 organisations.
- SSRP community coaches database reviewed with training facilitated to ensure all coaches have up to date Garda Vetting, Safeguarding and First Aid.
- ICoach Kids Regional Coaching Conference hosted by SSRP in conjunction with Sport Ireland Coaching with 183 volunteers registered.
- 13 Safeguarding training courses delivered involving 151 participants.
- 2 new sports clubs developed in the sports of basketball and athletics with extensive governance work undertaken with both club committees.
- Coaching Children's Workshop Series delivered to 23 participants representing 14 clubs.
- Introduced Coaching Teenage Girls Workshop to sports clubs with 23 coaches in attendance.
- 224 coaches across 8 sporting disciplines supported on a range of coach education courses.
- Very positive engagement with schools including 55 primary schools (82% of total schools in the county) linking with SSRP on various programmes and engagement with 12 post primary schools (92% of schools) linking with SSRP on a range of programmes.
- Strong partnerships developed with a range of National Governing Bodies of Sport with the aim of achieving shared sports participation goals.

ICoach Kids Regional Coaching Conference

183 volunteers from 24 sports and 11 counties registered for the first ever ICoach Kids Conference held at ATU Sligo. The regional event organised by Sport Ireland Coaching in conjunction with Sligo Sport and Recreation Partnership visited 4 locations as part of a nationwide road show, including Donegal, Sligo, Limerick and Waterford.

The conference equipped coaches with the latest scientific research to aid and inspire the next generation of young participants.

The conference featured distinguished international speakers from Spain and Belgium. The speakers delivered dynamic presentations which emphasised some of the fundamentals of youth coaching and provided guidelines and tools for coaches.

The child centered approach advocated seeks to empower both coaches and children, placing the importance of fun at the top of the agenda.



Section 3

Club Development

Assisting in the development and sustainability of new clubs is central to the work of SSRP. In 2022 two new clubs were supported through governance advice, coach education and financial support. Razorbacks Basketball Club and West Sligo Athletics Club were established in Castleconnor and Enniscrone respectively to address a gap in basketball and athletics provision in these sports in the West Sligo area. The achievements for the clubs in 2022 included:

Club	Committee Established	Club Governance systems developed	Coaches and volunteers recruited and trained	Programmes facilitated	SSRP funding support and advice
West Sligo Athletics Club	Effective Club Structures Established ✓	Safeguarding & Garda Vetting ✓	Athletics Leader Intro Course/ Coaching Young People ✓	Open Sessions Delivered ✓	Sports Development and Funding Provided ✓
Razorbacks Basketball Club	Effective Club Structures Established ✓	Safeguarding & Garda Vetting ✓	Intro Basketball Course ✓	Underage Programmes ✓	Sports Development and Funding Provided ✓

Grants Support for Clubs

Covid-19 continued to provide challenges for the sports sector in early 2022 and in responding to this SSRP facilitated a number of grant schemes to assist clubs in a return to sport. A total of €67,366 was allocated in grant aid assistance across a range of sports resulting in 7,344 participants benefiting from the support.

SSRP annual Special Projects Participation Initiative grant scheme amounting to €15,000 was facilitated with 14 clubs across 12 disciplines receiving support. This enabled 2,315 participants to be active.

Supporting Coaches and Volunteers in Sport

Supporting coaches and volunteers through training, education and guidance was prioritised in 2022. This included sports specific education support, safeguarding training, generic workshops on specific topics such as coaching children and teenagers, disability inclusion training and the hosting of the ICoach Kids Regional Conference. In total 597 participants places were facilitated in 2022, which reflects a 23.09% increase from 2021.

Table 5 - Goal 1: Training and Education	2022	2021	Variance	% Variance
Coach Education	446	341	66	19.35%
Safeguarding	151	144	7	4.86%
Totals:	597	485	73	23.09%

Section 3

Collaboration with National Governing Bodies of Sport

Our objective is to develop relationships, build capacity and facilitate shared participation initiatives with National Governing Bodies of Sport, particularly focusing on minority sports. This was successfully achieved by prioritising agreed SSRP and NGB initiatives in response to local need.

Some examples of collaboration with NGBs in 2022:

Swim Ireland

SSRP partnered with Swim Ireland and local community organisations in Tubbercurry to bring the ambitious project of a Pop Up Pool to the area which resulted in 1087 individuals accessing swimming across all target groups including youth, older adults, womens/ mens groups and people with a disability. Also, through working in partnership an extensive programme of open water swimming was facilitated in summer 2022 at 6 sites and engaging 536 participants.

Canoeing Ireland

Links were established with Canoeing Ireland and Mercy College Secondary School which enabled SSRP to support the setting up of a new school kayak club that caters for 15 teenage girls. Also, SSRP linked with Canoeing Ireland with regard to the annual Urban Outdoor Adventure Project Schools Kayak Festival which involved 29 participants.

Orienteering Ireland

A 'Ready to Go Orienteering' course was delivered by Orienteering Ireland to upskill 20 teachers and leaders with a view to introducing orienteering in their schools and community settings. Also, a partnership project involved the development of a Map Run 6 Urban Orienteering course for Sligo Town in 2021 which was further expanded in 2022 with additional maps added for Cleveragh Park and a series of orienteering 'Come and Try' initiatives and programmes were facilitated throughout the year involving 238 participants.

Irish Olympic Handball Association

An introductory course in olympic handball was delivered by the Irish Olympic Handball Association to a group of 14 teachers and coaches. Following on from this some taster sessions and six-week coaching programmes were facilitated at 5 schools. The initiative culminated in an olympic handball blitz with 173 children enjoying fun games.

Athletics Ireland

Collaboration with Athletics Ireland to facilitate an Athletics Leader Course and Athletics Introductory Course for the newly established West Sligo Athletics Club took place with 22 coaches and volunteers trained.

Basketball Ireland

SSRP linked with Basketball Ireland to deliver a Basketball Coaching Course to the newly established Razorbacks Basketball Club. A number of basketball clubs came together throughout the year for social and fun events including Bunninadden, Redhawks and Razorbacks.

Gymnastics Ireland

A partnership approach involving Gymnastics Ireland, SSRP and DyNamo Gym Club has resulted in the GymABLE programme being developed and sustained. The programme engages young people with a disability from St Cecilia's Special School and 6 autism units from local primary schools. Notably, one of the coaches involved received the GymABLE Coach of the Year award at the Gymnastics Ireland annual award ceremony for 2022.

Irish Mountain Running Association

A series of consultation planning meetings took place between SSRP, IMRA and local stakeholders to plan for the first ever trail running league in the North West of Ireland. A committee was established, logistics were discussed and potential routes were assessed with a view to having the series of events in the league operational in 2023.

Section 3

Cycling Ireland

SSRP worked in partnership with Cycling Ireland on cycling initiatives including Bike for Life programmes, mountain biking and Bike Week. In 2022 a total of 853 participant places were facilitated on Bike Week with the support of clubs and community organisations.

Football Association of Ireland

SSRP worked with the FAI and Kilglass Enniscrone Football Club with the objective of introducing Walking Football in West Sligo. A walking football training module was delivered by the FAI with 12 participants from 3 clubs in attendance.

Caelic Athletic Association

SSRP linked with the National Inclusion Officer to support the development of two local inclusive GAA clubs at Curry GAA and St Mary's GAA. Also, SSRP linked with Connacht GAA to facilitate the National Inter-provincial Wheelchair Hurling/ Camogie event which took place at Banada, Co. Sligo.

Irish Petanque Association

In supporting the development of the newly established Sligo Petanque Club SSRP linked with the Irish Petanque Association with regard to advice on club development and governance. The club is going from strength to strength with a membership of 27, a committee in place and regular weekly programming and occasional competitions facilitated. While the club is open to all adults it is currently catering primarily for people over 50 years.

Irish Amateur Boxing Association

Working in partnership with the IABA a coaching course was delivered for club coaches while a 'Start Box' programme was facilitated at Gurteen and Ballinacarrow Boxing Clubs.

Irish Surfing Association

SSRP partnered with the Irish Surfing Association for the sustained delivery of Surf 4 All and Surf Therapy programmes targeting 33 young people with disabilities at beach locations in Streedagh, Strandhill and Enniscrone, Co. Sligo.

Tennis Ireland

SSRP linked with Tennis Ireland to grow and expand the Enjoy Tennis programme for adults and children of all abilities in conjunction with Sligo Tennis Club with 57 participants benefiting from the programme.



Section 3 - Goal 3: Enhance Communication

This section details some of the key achievements and outputs delivered in 2022 relating to Goal 3 which is to enhance communications. Managing the channels and systems of communication with SSRP's internal and external stakeholders is central to ensuring effective partnership work.

The following are some of the key highlights for 2022.

Two major areas of work undertaken with external providers laid the foundations for SSRP's communications approach in 2022:

Communication Plan:

SSRP engaged the help of the Public Sector Marketing Institute to assist in developing a Communications Plan for 2022-2024 and to help create practices and procedures that would help SSRP effectively communicate its brand, role, actions and to effectively manage its communication channels and systems with particular focus on social media. Key learnings were achieved and a number of changes implemented namely:

- A three year Communications Plan 2022-2024 was created and implemented alongside a communications implementation plan for the three year period to track progress and set milestones.
- Development of a monthly communications internal event calendar to capture the work being completed by SSRP and to use for communication purposes such as planning social media posts.
- A strategic approach to using social media to publicise events/ programmes was undertaken. Planning social media in advance to give greater reach, engagement and visit rates was achieved.
- Use of website and social media in tandem to ensure end traffic is directed back to the website which in turn highlights other areas of work of the organisation. Not only does this drive additional traffic through the SSRP website but it allows the user to see what else SSRP has to offer and highlights the work of the organisation.
- A revamp of social media posts to use more pictures of local people and places to create greater social media engagement was adopted.
- As a follow on from the new communications plan SSRP updated its Communications Policy.
- Two additional staff members were upskilled on the use of the SSRP website.

GDPR Gap Analysis:

As a result of a GDPR Gap Analysis conducted by Privacy Engine a data privacy consultancy group, a number of areas were addressed for the organisation to ensure greater GDPR compliance. Specific areas have been addressed as a result of the feedback, those relating to communications being:

- Privacy notices
- Communication on programmes updates
- Updated Communications Policy
- Website cookies
- Programme/ event registrations
- Photography



COMMUNICATIONS PLAN
2022-2024



Section 3:

A New Approach:

With the help of the Public Sector Marketing Institute and as a result the development of a new three year Communications Plan and Strategy and Implementation Plan, SSRP has effectively communicated the SSRP brand and managed the channels and systems of communications.

Effective channels and platforms for communication:

- **Social Media:** Continued to develop and manage SSRP's presence while implementing the new communications plan on the following social media platforms:

- Facebook



- Instagram



- Twitter



There was an increase in following, reach and page visits across all platforms. (See tables 6, 7 and 8 below)

Table 6 - Goal 3: Enhance Communication Social Media Followers:	2022	2021	Variance %
Facebook Followers	8,758	8,085	8.3%
Instagram Followers	2,013	1,747	15.2%
Twitter Followers	537	464	15.7%

Table 7 - Goal 3: Enhance Communication Social Media Reach:	2022	2021	Variance %
Facebook Reach	135,711	89,680	40.84%
Instagram Reach	27,681	3,726	152.55%

Table 8 - Goal 3: Enhance Communication Social Media Visits	2022	2021	Variance %
Facebook Visits	16,783	7,664	120.5%
Instagram Visits	3,454	1,670	107.8%

- **SSRP Website:** The main focus for the SSRP website in 2022 was to drive more traffic through the site. In addition to the regular updating of information SSRP used the website in conjunction with social media communications to direct user back to the SSRP website to learn more about events, programmes and news. Significant changes have also been made to the website following a GDPR Gap analysis in 2022. Several recommendations were made by Privacy Engine who conducted the gap analysis in relation to the website and all have been adopted ensuring improved GDPR compliance.
- **Radio:** Coverage of SSRP events through the local radio station was also pursued. A number of interviews were broadcast on Ocean FM Sport with SSRP staff.
- **Resources:** A range of resources was developed and promoted for a variety of in-person and online programmes with a key focus on engaging disadvantaged communities and vulnerable groups. In achieving this SSRP worked with local community organisations, family resource centres and statutory agencies to gain as much engagement as possible.
- **Local Print Media:** Regular press releases were submitted to local print media in Sligo; The Sligo Champion and Sligo Weekender.
- **Video resources:** A variety of videos were created in 2022 on the SSRP YouTube account as part of our Return to Sport response targeting all age groups.
- **Databases:** SSRP maintained an up to date directory of Sligo sports clubs, community organisations and target groups.
- **Publications:** A summer camp brochure was produced that promoted 56 summer camps throughout County Sligo.
- **Connections:** SSRP maintained regular contact with stakeholders and partners and developed new connections to support, improve and develop relationships to highlight and create opportunities for sport and physical activity throughout 2022 and beyond.

Section 3

Campaigns/ Programmes

SSRP linked with a variety of national campaigns promoted by Sport Ireland, CARA, Federation of Irish Sport, HSE and Transport for Ireland including; Go All Out, Bike Week 2022 and the Volunteers in Sport Awards .

Go All Out

Go All Out week has been developed by Cara Sport Inclusion Ireland supported by Sport Ireland Outdoors to increase awareness among people with disabilities, their families/ carers and outdoor activity providers on the benefits of regular exercise, a healthy lifestyle, and opportunities to participate in physical activity, of people's own choosing in the outdoors. Organisations and individuals were invited to host inclusive outdoor events nationwide during the week.



Bike Week

Bike Week is a celebration of active travel, sustainable transport and simply the joys of cycling a bike which took pace from the 14th to 22nd May in partnership with the National Transport Authority and co-ordinated locally by Sligo County Council and SSRP with support from many local cycling clubs and community organisations. SSRP hosted numerous cycling related events in Sligo Town and County throughout Bike Week.

Winter Initiative

A major new national campaign launched to get as many people as possible out exercising and participating in physical activity over the winter months took place. The campaign is a 90-day challenge encouraging participants to increase their daily activity over the course of the campaign. The challenge requires the participants to track their chosen physical activity in minutes. The participants tracked their daily activity through a downloadable exercise calendar provided by SSRP.



#LETSGETVISIBLE

Lets Get Visible

Sporting Pride's #LetsGetVisible campaign was facilitated in partnership with Sport Ireland. The campaign ran from 20th to 26th June and aimed to recognise and acknowledge the importance of visibility and representation amongst the LGBTQI+ community. SSRP supported this campaign by updating banners across all social media platforms and using the #LetsGetVisible on any posts during that week.

European Week of Sport

European Week of Sport aims to promote sport and physical activity in countries across Europe. The week is for everyone, regardless of age, background or fitness level. With a focus on grassroots initiatives, the aim is to inspire Europeans to #BeActive on a regular basis and create opportunities in peoples' everyday lives to exercise more. SSRP's Primary Schools Athletic Fest was our flagship event that week with over 1200 children involved.

#BEACTIVE
EUROPEAN WEEK OF SPORT

Section 3

Effective SSRP Data Management Systems:

SSRP strives to improve its effectiveness in the use of data to engage SSRP audiences and partners. As a result of the GDPR Gap analysis several measures have been implemented to ensure more effective methods of data collection and GDPR compliance including:

- Enhancements to the SSRP website.
- Review of Cookie Policy and updates made to website.
- Improvements to programme/ event registration in respect to data collection and management.
- Annual review of club database.

SSRP has continued to develop and enhance its existing databases on an ongoing basis for grants, coaches, volunteers, clubs, training, education, safeguarding, and policy review.

A key objective planned for 2023 is to introduce a quarterly newsletter targeted towards partners and participants who have opted to receive our communications. This database will be regularly maintained to ensure SSRP is only communicating to those who requested this service.



Section 3 - Goal 4: Strengthen The Organisation

This section details some of the key achievements and outputs delivered in 2022 relating to objectives under Goal 4 which focuses on strengthening the SSRP organisation.

Objective 4.1: Provide effective leadership and operations through a strong Board and staff.

Board Strategic Focus: The SSRP Board of Directors has agreed a strategic plan for the organisation which articulates the vision, goals, objectives and values of SSRP. The work of the Board regularly involves discussion on strategic issues and in 2022 this included key decisions regarding the provision of the Pop Up Pool in conjunction with Sligo County Council and Swim Ireland. Another key discussion related to the support role for SSRP in assisting the Local Authority with the development of a Local Sports Plan for County Sligo.

Board Monitoring Impact: Ongoing monitoring of the achievement of the SSRP goals is undertaken by the Board through Sports Co-ordinator reports provided at each Board meeting throughout 2022 detailing progress linked to objectives and key performance indicators. Board members have the opportunity to seek clarity and further discuss various aspects of the report.

Board Effectiveness Review: Following on from an SSRP online internal Board Effectiveness Review Questionnaire the Chairperson facilitated a Board discussion at the September 2022 Board meeting regarding the Chairperson report compiled from the survey findings. The full report and Board discussion notes were included in the Board minutes as an Appendix.

Board Governance: The Board proactively reviewed Board and Committee roles, skill sets and composition and in doing so identified and addressed a gap in financial expertise on the Audit & Risk Committee which was subsequently filled.

In 2022 SSRP Board held a discussion on Conflict of Interest and Conflict of Loyalty at the June meeting and arising from this it was agreed to have Declarations of Interest as a standard item on the agenda for the beginning of each meeting. Any instances which may arise are recorded in the minutes of which there were none in 2022.

Board Training: The Organisational Development and Change Unit within Sport Ireland is primarily focused on providing support to the sports organisations which receive funding from Sport Ireland including Local Sports Partnerships. Board members were made aware of training opportunities via email alerts, with a number of members availing of this training.

Human Resources: In 2022, Voltedge Management Limited consultants were retained to provide ongoing support on all aspects of HR within each of the eight limited company LSP's as a shared service. The main focus of priority and support in 2022 was in the development of a new employee handbook and contractor's handbook.

Effective Staff: Contracts of employment and job descriptions were reviewed in 2022 which brought greater clarity and effectiveness to staff roles and in turn to the SSRP operations.

Objective 4.2: Maintain and support an appropriate SSRP staff structure.

Staff Structure: A review of staff structure was initiated in 2021 by the SSRP Board and was monitored throughout 2022. A key change was the creation of an additional administration post which had a positive impact of providing additional communications and governance supports.

Staff Support: The Board has ensured that formal arrangements are in place for the ongoing supervision and development of staff and the Sports Co-ordinator which includes a yearly formal appraisal process. Each employee received frequent and specific feedback on their progress and recognition of their performance as individuals and as a team member.

Section 3

Staff Training: A strong focus on staff training and development was prioritised in 2022 which included various staff participating in the following opportunities:

- Statutory Employment Law Entitlements
- Dignity in the Work Place
- Sport Ireland Innovation in Sport
- Sport Ireland ARENA Leadership Course
- HSE Cyber Security Training
- Numerous online SI and NGB Sport Webinars
- Social Media/ Communications Training
- SSRP Website Training
- Safeguarding Training
- First Aid Training
- Staff Handbook Presentation
- Manual Handling Training
- PTT/ P2P Payment System Education

Shared Learning: In addition to training SSRP staff engaged in various networking and events linked to education. Key areas in which SSRP staff engaged included:

- Women in Sport
- IPARC
- SIDO National Network
- Sport Ireland Communications Network
- National Sports Leadership Group
- Sport Ireland Evaluation Committee
- ATU Sligo Sports & Business students presentation on disability sport presentation
- Sport Ireland CSDO conference
- Federation of Irish Sport Awards ceremony
- Sport Ireland Her Moves Network
- Sport Ireland Winter Initiative Working Group
- Presentation at National Bike Week webinar.
- ICoach Kids Seminar
- Gymnastics Ireland Award ceremony

Objective 4.3: Implement effective governance, procedures and policies for the SSRP organisation.



Governance Code for Sport: Implementing effective governance, procedures and policies for the SSRP organisation was prioritised in 2022. The organisation achieved full compliance with the Governance Code for Sport in September 2021.

In addition, the organisation undertook a Sport Ireland Assurance Audit conducted by SSRP Company Auditors in September 2022 the outcome of which was the provision of a letter by the Auditor to Sport Ireland confirming compliance for 2021 based on the records provided.

Throughout 2022 the Board monitored ongoing compliance with the code with a review of policies and procedures undertaken where necessary. At the year end a Compliance Record Form was finalised by the Sports Co-ordinator for the period January to December 2022 with a view to circulation to Board members in early 2023 for approval.

Board Reports: The Board invited and reviewed regular reports on governance matters throughout 2022 including:

- Report on legal and regulatory compliance
- Report on Safeguarding policy
- Update on health and safety matters
- Update on SSRP insurance
- Yearly report on complaints received



Section 3:

SSRP Policies: The following are the main documents and policies approved by the Board during 2022 following their review, update or development:



Risk Management: In the area of risk SSRP reviewed and approved a Risk Appetite Statement and a Risk Management Policy. In addition, the SSRP Risk Register was updated in 2022. However, following advice from the Audit & Risk Committee it was agreed that a more effective approach should be put in place for the Risk Register with a key element being the exercise of attributing monetary values to the various risks.

Objective 4.4: Maintain and support an appropriate SSRP financial resource base for the SSRP organisation and its programmes.

SSRP Funding Sources 2022:

A total of €829,768 was secured by SSRP during 2022 to increase participation in sport and physical activity from multiple sources including; Sport Ireland Core, Sport Ireland Dormant Accounts, Sligo County Council; Health Service Executive, NGBs and programme fee income generated locally. Table 9 below provides a full breakdown of grants and income secured with the 2021 comparison shown.

Table 9 - Income Source	Amount 2022	Amount 2021
Sport Ireland Core & Women in Sport Grants	€404,227	€368,908
Sport Ireland Dormant Accounts*	€44,111	€223,811
Sport Ireland - Grants	€110,937	€40,462
Health Service Executive Grants	€103,798	€98,245
Local Authority Grants (Including Cranmore Regeneration)	€84,571	€75,510
County Sligo Childcare Committee	€7,944	€12,467
Swim Ireland	€1,120	€3,000
Age & Opportunity Grants	€2,000	-
Mountaineering Ireland	€1,500	-
Youth Sport Programme Fees	€8,985	€12,345
Course Fees/ Project Income / SIDO Programme Fees	€36,999	€13,192
Sponsorship	€3,000	€3,000
Amortisation of Government Grants	€20,576	€20,981
Total	€829,768	€871,921

Section 3:

Sport Ireland Core Investment:

Sport Ireland supports the 29 Local Sports Partnerships to co-ordinate and promote the development of sport at local level and increase levels of participation in sport and physical activity. This core investment supports the key work of the LSP network; including the delivery of national programmes, education and training initiatives, strategic development, Community Sports Development Officers (CSDO), the Sports Inclusion Disability programme, HR additional supports, Women in Sport programmes and general participation programmes. In 2022, SSRP was allocated €390,958 (2021 €384,196) through Sport Ireland core funding which constitutes approximately 62% staff salaries, 16% non staff administration and 22% for programmes, club development and training and education.

Sport Ireland Dormant Accounts Investment:

Under Dormant Accounts, Sport Ireland delivers on a range of sport and physical activity programme opportunities for LSPs and NGBs which align with the National Sports Policy and the National Physical Activity Plan (NPAP). All projects funded by Sport Ireland through Dormant Accounts target:

1. The personal and social development of persons who are economically or socially disadvantaged.
2. The educational development of persons who are educationally disadvantaged.
3. Persons with a disability (within the meaning of the Equal Status Act 2000).

Sport Ireland Dormant Accounts Funding Measure 2022: (Deferred for 2023 Implementation)

2022 Community Sports Hub - Outdoors € 60,000

2020 Community Sports Hub - Enniscrone €30,000

Sports Inclusion Disability Projects €25,000

Urban Outdoor Adventure Initiatives €45,000

Volunteer Supports €20,000

Get Girls Active €13,000

Sport Ireland Covid-19 Investment:

In 2022, SSRP was allocated €104,991 to support a return to sport.

Local Financial Investment:

Successful funding applications for targeted projects were also made to Sligo County Council and the HSE, our main local funding partners.

Investment from Sligo County Council included a core allocation of €23,000 while further amounts of funding were received for the East City Regeneration Project €33,600 and Bike Week €21,068. Funding from the HSE included an allocation for health and well being initiatives €49,520 and support under sport and inclusion of €44,000.

Benefit in Kind Investment:

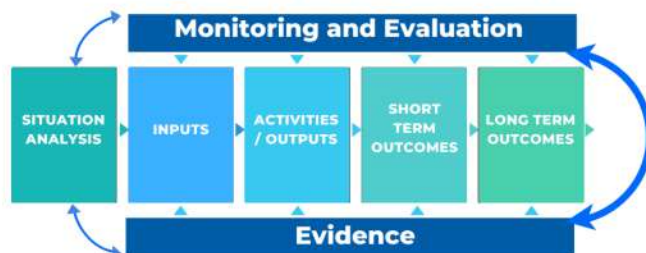
SSRP continues to have a considerable and extremely important benefit in kind investment from many stakeholders. In particular, the financial supports services from Mayo Sligo Leitrim ETB are significant while the MSL ETB has supported SSRP since its inception with office accomodation for all staff, IT supports, payroll support and other key administration support. Sligo County Council provides ongoing support services in a range of areas including Community Development, Parks Development and East City Regeneration. In addition to the significant financial and practical benefits this brings to SSRP, of equal importance has been the development and strengthening of relationships and understanding between SSRP and these organisations over the years. We also acknowledge the investment of time by all our Board and Committee members, and their wider organisations, NGB and sports club partners, school and community partners and all other stakeholders.

Section 3:

Objective 4.5: Develop appropriate evaluation systems to determine and illustrate the impact of SSRP's processes and programmes.

A focus on developing appropriate evaluation systems to determine and illustrate the impact of SSRP's processes and programmes was undertaken in 2022 which continued to enhance insight amongst SSRP staff and partners regarding the programme elements which have impact.

Logic Model For Evaluation



Sligo Sport and Recreation Partnership uses the logic model for the design of new projects, which is a graphic illustration of the relationship between a programme resources, activities, and its intended effects. Logic models clearly and concisely show how interventions affect behaviour and achieve a goal. The Logic Model was used in 2022 for the design of various new projects including Stronger for Longer.

M1 Single Item Measure

At project level, SSRP has adopted the use of the Sport Ireland Single Item Measure (M1) in order to assess the impact of its work. The M1 is an internationally validated self-report measure that allows an organisation to track an individual's rate of participation in sport and physical activity at the start of a programme, at the end of a programme and a follow up 3 months later.

Sport Ireland continues to support Local Sports Partnerships and National Governing Bodies of Sport to collect impact evaluation data for their participation programmes using M1, with the intention of having a significant national data sample size to interpret trends and impacts. Locally the data collected is invaluable in improving our understanding of what makes a physical activity initiative successful or not, which will influence how we meet the National Sports Policy targets and our Strategic Plan objectives.

In 2022, the SSRP M1 data collected demonstrated that LSP initiatives are targeting those that are inactive with key M1 data collected for a range of programmes including Open Water Swimming, Pop UP Pool, Stronger for Longer, Men's/ Women's Try a Tri, Bike Week and Outdoor Gym. A key finding across all the data is that many of the programme participants are not meeting the National Physical Activity Guidelines at registration which suggest SSRP is successful in targeting inactive people. Furthermore, the data demonstrates that LSP initiatives are successful in sustainably moving a significant percentage of people from inactivity towards activity by the end of particular programmes.

National Evaluation

During 2022 SSRP contributed to the Sport Ireland Investment into Disability Projects 2018-2020 Evaluation with the SSRP SIDO sitting on the national working group.



Section 3:

Operational Plan

The operational plan is used as a guide for planning, evaluation and reporting of all LSP actions and activities against key performance indicators for the year, the image below represents the headings in the SSRP Annual Operational Plan as required by Sport Ireland.

2022 Operational Plan											
LSP Name	Strategic Goal	Objective	Action	Staff Lead	Main Delivery partner	Action Output	Action Category	Behaviour Change Theory			
Operational Planning for activity based actions only											
Quantifying (where applicable)				Target Group (where applicable)							
Target number of programme/courses/events	Target Number of Participants	Gender	Age	Ability	Socio-economic disadvantage	Ethnicity					
Reporting for all actions		Reporting for activity based actions									
Cost to LSP (excl. Core Staff time & operating costs)	Level of completion	Name of initiative (dropdown list)	Type of sport/activity	Primary Delivery Mechanism	No. of events/courses/programmes/delivered	Duration of programme/initiative in weeks	No. of sessions in programme/initiative	Duration of each session (hrs)			
Reporting on Reach							Reporting on evaluation				
No of adults		No of Youth			PWD			Total No. of participants	Was the single item measure used to capture PA levels of participants		
Total	Males	Females	Other	Total	Boys	Girls	Other				Total

Objective 4.6: Continue to enhance insight amongst SSRP staff and partners regarding the programme elements which have most impact.

Reflecting upon successes, challenges and learnings:

- The importance of investing in capacity building among particular target groups was clearly evident in the Women in Leadership programme. This programme clearly demonstrated the value of investing time to empower a group of women from a personal development perspective. The outcome was powerful with many of the women involved in the programme progressing into leadership roles in their sports clubs.
- The value of investing time to get the most appropriate model of delivery in place before commencement of a project can be key to the project success. This was clearly demonstrated in the Pop Up Pool in Tubbercurry where all the key stakeholders worked in collaboration including the NGB, statutory agencies, the local community and SSRP.
- The importance of SSRP being aware of trends in sport and embracing opportunities to bring to target groups is important and this was demonstrated through the huge gravitation towards open water swimming.
- The need for SSRP to be aware and reflect upon gaps in provision of physical activity opportunities for particular age groups is important. SSRP recognised a gap for the age group 50+ and responded with a targeted programme, Stronger for Longer, which resulted in a huge response and increased participation by this age group.
- SSRP reflected upon a low level of attendance by men at programmes advertised for both genders and in addressing the challenge responded by facilitating men only programmes where appropriate which proved more successful.
- The SSRP staff recognise the need to continuously increase awareness and understanding of groups with special requirements, for example LGBTQIA+ community, and in doing this successfully facilitated a Tri with Pride initiative.
- SSRP recognised that successful inclusion for people with a disability requires more than just inclusive programmes and in doing so addressed the challenge around equipment which needs to be adaptable for people with a physical disability. In response SSRP worked with the Local Authority to install inclusive outdoor gym equipment in Doorly Park.

These insights will assist in more informed and refined future development and delivery of SSRP programmes and initiatives.



Future Plans

Section 4: Future Plans

Reflection on 2022

The SSRP Strategic Plan 'Building a Culture of Sport and Physical Activity in Sligo 2018 - 2023' provides direction and focus for SSRP.

Reflection on the priorities set for 2022 can be summarised as follows:

2022 Priority

Outcome

Goal 1: Increase Participation

Focus on low participation groups



Maximising the trend towards physical activity in the outdoors

Supporting a safe return to sport



Achieved: Participation rates increased which is reflected in 21,380 participants in 2022 compared to 17,634 in 2021.



Achieved: This priority was fully achieved and surpassed in many instances with participants across outdoor activities including cycling, open water swimming, kayaking and orienteering.



Achieved: A return to sport was successfully achieved in the latter months of 2022. However, older adults and people with a disability were slow to return but despite this 1078 participated in physical activity.

Goal 2: Build Capacity

An effective SSRP community coaches/ instructors database maintained



Supporting volunteers in sport

Strengthening relationships with National Governing Bodies of Sport



Achieved: SSRP invested significant time in reviewing the coaches database which included a review of Garda Vetting, Safeguarding and First Aid.



In Progress: The return of volunteers to sport since the pandemic has been slow and SSRP has responded through facilitating capacity building training initiatives, coach education courses and the hosting of the ICoach Kids Regional Conference.



Achieved: This priority was achieved and is reflected in the successful engagement in the delivery of programmes. Successful partnerships involved Swim Ireland, Orienteering Ireland, Gymnastics Ireland and Triathlon Ireland.

Goal 3: Enhance Communication

Communications strategy



Achieving the Cara Xcessible Bronze Award

Data protection gap analysis

Sligo County Development Plan



Achieved: The SSRP communications strategy was developed with assistance following training from professionals in the area and the final document was adopted at Board level.



In Progress: Plans were advancing to progress this action in 2022 but it was not fully achieved due to a number of issues including disruption due to Covid 19 and staff changes in CARA.



In Progress: SSRP in conjunction with a number of other LSPs undertook a data protection gap analysis. SSRP has successfully actioned 36 recommendations from the report with a further 21 in progress.



Achieved: SSRP engaged with Sligo County Council with regard to the County Development Plan sections relating to inputting information on sport and physical activity.

Goal 4: Strengthen the Organisation

Ongoing compliance with the Sports Governance Code



Monitoring organisational restructuring

Strategic alignment with local sports plans

Strengthening the strategic partnerships at County level



Achieved: A successful Sport Ireland Assurance Audit was conducted by the SSRP Company Auditors on 2021 compliance. At the year end a Compliance Record Form was finalised by the Sports Co-ordinator for the period January to December 2022 with a view to circulation to the Board members in early 2023 for adoption.



Achieved: The Sports Co-ordinator in conjunction with the Strategy Committee and with oversight from the Board continued to monitor the restructuring of the organisation which has proven to be successful.



In Progress: SSRP and the lead partner Sligo County Council is awaiting a framework guidance document to be issued by Sport Ireland for reference in developing Local Sports Plans. Preliminary discussions have taken place with the Local Authority and this priority will remain on the agenda for 2023.



Achieved: This was effectively achieved with our key partners including Sligo County Council, HSE, MSL ETB, ATU Sligo and SLPC which has resulted in numerous projects delivered on a partnership basis.

Section 4: Future Plans

The key areas of focus for 2023 under each of the strategic plan goals are outlined as follows:

Goal 1: Increase Participation

Focus on Low Participation Groups

SSRP will continue to have an ongoing commitment to supporting the target groups with lowest participation rates to address the gradients in sport and in doing so, contribute to achieving the National Sports Policy's ambitious target of increasing sports participation in Ireland to 60% by 2027, the equivalent of 1% per year. Sport Ireland Core and Dormant Accounts funding streams which support initiatives targeting low participation groups and disadvantaged communities will be actively pursued to support SSRP in this area of work.

Promoting Physical Activity in the Outdoors

SSRP will continue to maximise opportunities from outdoor sports and will prioritise sports including walking, cycling, running and swimming which is in line with the objectives of the National Sports Policy, and reflects areas seen as having the greatest potential for generating higher levels of active participation across the life course.

Encouraging Older Adults and People with a Disability to be Active

Older adults and people with a disability have been slow to return to sport post pandemic and SSRP will continue to address this through facilitating a number of key initiatives to get these target groups back to physical activity.

National Database of Facilities

SSRP will support the work of Sport Ireland in the realisation of the development of a national database of facilities by supporting the Local Authority in collating the data for County Sligo.

Goal 2: Build Capacity

Review of Safeguarding Policies and Procedures

Priority will be given in 2023 to the review of Safeguarding documents including SSRP Safeguarding Policy, SSRP Safeguarding Risk Assessment, SSRP Safeguarding Statement and procedures.

An effective SSRP Community Coaches/Instructors database maintained

Having access to an up-to-date database of community coaches and instructors to lead out on programmes is essential for SSRP. SSRP will continue to manage an effective system for maintaining records of qualifications, Garda Vetting, Safeguarding, First Aid and Continuous Professional Development training.

Building Capacity of Women in Sports Leadership

Research indicates that women are underrepresented in coaching, on committees, on Boards etc and in responding to this SSRP will continue to facilitate Women in Leadership training and networking initiatives.

Strengthening Relationships with National Governing Bodies of Sport

SSRP recognises the importance and value of engaging with NGBs in partnering on the delivery of projects and plans to continue to pursue opportunities to strengthen relationships with relevant NGBs in 2023.

Goal 3: Enhance Communications

Communications Strategy

An SSRP Communications Strategy was developed in 2022. SSRP recognises the need to respond to the evolving communications methods and opportunities. Use of applications such as Canva and Pixlr have improved the quality of SSRP communications. A more strategic approach has been achieved using tools such as Meta Business Suite and Twitter Analytics, in addition allowing for a more targeted approach and better visibility of the SSRP message.

Achieving the CARA Xcessible Bronze Award

SSRP has committed to achieving the CARA Xcessible Bronze Award, a programme which aims to support and empower LSPs and other organisations to provide positive and meaningful participation opportunities for people with a disability. The SSRP Sports Inclusion Disability Programme will continue to encourage and facilitate more people with a disability to participate in sport and physical activity and develop sustainable clubs and programmes in all settings. Achieving the award is a focus for SSRP for 2023.

Data Protection

Areas of focus for 2023 will include the priority of addressing the outstanding actions from the data protection gap analysis undertaken in 2022 while a review of the data protection policy will be undertaken.

Section 4: Future Plans

Goal 4: Strengthen the Organisation

Collaboration and Funding Opportunities

In 2023 SSRP will collaborate with partners in the pursuit of shared goals in new areas of opportunity including Healthy Ireland and the Peace Plus programme.

Ongoing compliance with the Sports Governance Code

Full compliance with the Governance Code for Sport was achieved by SSRP in September 2021. A priority action for the SSRP Board of Directors will be to continue to ensure ongoing compliance with the code and assurance regarding this will be monitored on an ongoing basis.

Staff Resourcing

While SSRP successfully undertook a staff restructuring process in 2021/2022, it is likely that additional resourcing opportunities from Sport Ireland may arise in 2023 and the SSRP Board will consider and respond to any such opportunities.

Strategic Alignment with Local Sports Plans

SSRP will continue to strengthen its working relationships with the Local Authority in line with the National Sports Policy objective regarding the development of Local Sports Plans.

Strengthening Strategic Partnerships at County Level

SSRP recognises the importance and value of continuing to engage strategically with our partners including Sligo County Council, Health Service Executive, Mayo Sligo Leitrim ETB, Sligo Leader Partnership Company and Atlantic Technological University.





Financial Analysis

Section 5: Financial Analysis

Financial analysis for year ended 31st December 2022: Income Received and Expenditure for 2022

- The financial outcome for 2022 is set out in the independent Auditors Financial Statements.
- Our accounts are compliant with SORP.
- Income in 2022 was €829,768 which was a 5% decrease on 2021.
- Non state money and sponsorship totalled less than 6% of SSRP's overall revenue in 2022.
- Total expenditure was €846,070, a 1% increase on 2022.
- Staff costs amounted to €417,914 which was a 9% increase on 2021, and represents 49% of total expenditure.
- Operational costs (staff and non-staff) amounted to €504,189 and represented 60% of total expenditure.
- Programme costs were €341,881 which was a 8% decrease on programme costs on 2021 and represented 40% of total expenditure.

Funders and income sources

In 2022, SSRP received funding from a number of sources, including government grants, non state generated income and sponsorship. The Board of Directors is cognisant of the fact that 94% of SSRP's funding comes from government agencies and the need to maintain oversight over the ongoing sustainability of these sources while also looking for opportunities to access other funding streams when the opportunities arise. SSRP's main funders are Sport Ireland, HSE, and Sligo County Council. As a result, SSRP will proactively engage with partner agencies in 2023 and in line with the development of a new strategic plan, will continue to seek their ongoing funding commitment to the organisation.

Reserves Policy and Risk Register

In 2022 the Board invested significant time in reviewing the SSRP policy and procedures in relation to funding reserves. An expert with a financial background was co-opted onto the Audit & Risk Committee and extensive work was undertaken into examining the SSRP reserves while considering the monetary values assigned to the Risk Register.

The aim is to have an organisational risk reserve in place to build organisational resilience to enable SSRP to respond effectively to risks which may emerge. The Risk Register is a document that outlines the risks the organisation may face in a 12 month period and the review of the register in 2022 placed a financial value to each of those risks. This document is fluid and will be reviewed on a quarterly basis to adapt to changes or challenges the organisation may face. The nature of the document is that the risks and financial costs of those risks will increase or decrease over time due to changes in controls and environmental factors. Risks may also be added and removed from the document.

Currently the Board has assigned a contingency reserve of €200,000 for Redundancy/ Wind-up of the company, however it is planned to review this reserve and also consider assigning monetary values to risk areas including: Operational Risk – General, Conduct Risk. Environmental Risk, Governance Risk, Financial Risk, Strategic, Business Model Risk.



Section 5: Financial Analysis

The top 5 risks for 2022 are summarised as follows:

- Over reliance on Dormant Accounts funding from Sport Ireland
- Reduction in programme funding
- Loss of experienced staff
- Office accommodation
- Breaches in data protection

Risk Management Policy and Risk Appetite Statement

The purpose of the SSRP Risk Management Policy is to provide a framework for management to identify, assess and rate risks, and to develop strategies to deal with risks to provide reasonable assurance that SSRP's strategic objectives will be achieved in accordance with the organisation's risk appetite. The Risk Management Policy sets out, in effect, the framework in which risks/uncertainty (threats and opportunities) will be managed by SSRP. Following review in 2022 the SSRP Board approved the policy.

As part of this overall Risk Management Policy, it is expected that SSRP has a Risk Appetite Statement in place. Risk appetite is the amount of risk SSRP is prepared to accept or retain in the pursuit of its' core priority objectives. It reflects the risk management philosophy, and in turn influences the organisation's culture and operating style. Setting a risk appetite is not about the elimination of all risks; rather, it is about embracing risks in areas in which management has the appropriate skills, knowledge, and experience to take advantage of the opportunities presented whilst limiting risks in other areas. To pursue and deliver our strategic outcomes and objectives requires reasoned and reasonable risk taking and in 2022 the organisational risk appetite statement was reviewed, updated and approved at Board level.

Going Concern

In early 2022, the Board of SSRP carefully monitored the impact of Covid-19 on current and future work. In particular, they noted the uncertainty over the duration of this disruption. The Board have also recognised that pandemic related funding streams will come to an end in 2022. The organisation has cash and cash equivalents of €859,940 at the 31 December 2022. Additional grants have been identified and applications made. The Board is in a position to manage the activities of the organisation such that existing funds available, together with committed funding, will be sufficient to meet the organisation's obligations and to continue as a

going concern for a period of at least 12 months from the date of the financial statements. On that basis, the Board does not consider that material uncertainty exists in relation to SSRP as a going concern and have deemed it appropriate to prepare the financial statements on a going concern basis. The financial statements do not include any adjustments that would result in the organisation being unable to continue as a going concern.

Post Balance Sheet Events

There have been no significant events affecting the company since the year end and the Board do not envisage any substantial changes to the nature of the business.

Accounting Records

The measures taken by the Board to ensure compliance with the requirements of Sections 281 to 285 of the Companies Act 2014 regarding adequate accounting records include the implementation of necessary policies and procedures for recording transactions, the employment of competent accounting personnel with appropriate expertise, and the provision of adequate resources to the financial function. The accounting records are maintained at Porter & Company, Chartered Accountants and Registered Auditors, Millennium House, Stephen Street, Sligo.





Financial Statements

Section 6: Financial Statements

Company Number: 360763

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2022

PORTER AND CO
CHARTERED ACCOUNTANTS AND REGISTERED AUDITORS
MILLENNIUM HOUSE
STEPHEN STREET SLIGO

Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE

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Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE

DIRECTORS AND OTHER INFORMATION

Directors

Emer Concannon
Jack Lynch
Maire McCallion
Joseph McDonagh
Kathleen Kane
Marie Casserly
Michael Carty
Cara O'Neill (Resigned 23 February 2022)
Gino O'Boyle
Donal Gilroy
Gerald O'Connor
Tina Beirne
Tommy Cradock
Geraldine Delorey
Rose McGowan
John Feerick
Ross Lappin
Liz Martin (Appointed 30 November 2022)

Company Secretary

Jack Lynch

Company Number

360763

Registered Office and Business Address

Quay Street Sligo

Auditors

Porter and Co
Chartered Accountants and Registered Auditors
Millennium House
Stephen Street
Sligo

Bankers

Bank of Ireland
Stephen Street
Sligo

Solicitors

Carter Anhold & Co
1 Wine Street
Sligo

Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE

DIRECTORS' REPORT FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2022

The directors present their report and the audited financial statements for the financial year ended 31 December 2022.

Principal Activity and Review of the Business

The principal activity of the company is to increase public participation in sport and physical activity in the Sligo area, and the distribution of funds to enable such participation and development.

The Company is limited by guarantee not having a share capital.

There has been no significant change in these activities during the financial year ended 31 December 2022.

Financial Results

The (deficit)/surplus for the financial year after providing for depreciation amounted to €(16,302) (2021 - €35,568).

At the end of the financial year, the company has assets of €1,147,778 (2021 - €1,152,250) and liabilities of €313,364 (2021 - €301,534). The net assets of the company have decreased by €(16,302).

Directors and Secretary

The directors who served throughout the financial year, except as noted, were as follows:

Emer Concannon
Jack Lynch
Maire McCallion
Joseph McDonagh
Kathleen Kane
Marie Casserly
Michael Carty
Cara O'Neill (Resigned 23 February 2022)
Gino O'Boyle
Donal Gilroy
Gerald O'Connor
Tina Beirne
Tommy Cradock
Geraldine Delorey
Rose McGowan
John Feerick
Ross Lappin
Liz Martin (Appointed 30 November 2022)

The secretary who served throughout the financial year was Jack Lynch.

The directors of Sligo Sport and Recreation Partnership Company Limited by Guarantee are on the board of directors in a voluntary capacity and do not received remuneration or any other benefits from the company.

In accordance with the Constitution, the directors retire by rotation and, being eligible, offer themselves for re- election.

Future Developments

The company plans to continue its present activities and current trading levels. Employees are kept as fully informed as practicable about developments within the business.

Post Statement of Financial Position Events

There have been no significant events affecting the company since the financial year-end.

Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE

Auditors

The auditors, Porter and Co, (Chartered Accountants) have indicated their willingness to continue in office in accordance with the provisions of section 383(2) of the Companies Act 2014.

Statement on Relevant Audit Information

In accordance with Section 330 of the Companies Act 2014, so far as each of the persons who are directors at the time this report is approved are aware, there is no relevant audit information of which the statutory auditors are unaware. The directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and they have established that the statutory auditors are aware of that information.

Accounting Records

To ensure that adequate accounting records are kept in accordance with sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately competent accounting personnel and have maintained appropriate computerised accounting systems. The accounting records are located at the company's office at Quay Street, Sligo.

Signed on behalf of the board



Emer Concannon
Director



Jack Lynch
Director

14 June 2023

Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE

DIRECTORS' RESPONSIBILITIES STATEMENT FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2022

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard, issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the surplus or deficit of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be readily and properly audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the board


Emer Concannon
Director


Jack Lynch
Director

14 June 2023

Section 6: Financial Statements

INDEPENDENT AUDITORS REPORT

TO THE MEMBERS OF SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE

Report on the audit of the financial statements

Opinion

We have audited the financial statements of Sligo Sport and Recreation Partnership Company Limited by Guarantee ('the company') for the financial year ended 31 December 2022 which comprise the Income Statement, the Statement of Financial Position, the Statement of Changes in Equity and notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", issued in the United Kingdom by the Financial Reporting Council, applying Section 1A of that Standard.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2022 and of its deficit for the financial year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are described below in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Other Information

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Section 6: Financial Statements

INDEPENDENT AUDITORS REPORT

TO THE MEMBERS OF SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE

Opinions on other matters prescribed by the Companies Act 2014

In our opinion, based on the work undertaken in the course of the audit, we report that:

- the information given in the Directors' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Directors' Report has been prepared in accordance with applicable legal requirements.

We have obtained all the information and explanations which, to the best of our knowledge and belief, are necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited and the financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the directors' report. The Companies Act 2014 requires us to report to you if, in our opinion, the requirements of any of sections 305 to 312 of the Act, which relate to disclosures of directors' remuneration and transactions are not complied with by the Company. We have nothing to report in this regard.

Respective responsibilities

Responsibilities of directors for the financial statements

As explained more fully in the Directors' Responsibilities Statement set out on page 6, the directors are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework that give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, if applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operation, or has no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Further information regarding the scope of our responsibilities as auditor

As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.

Section 6: Financial Statements

INDEPENDENT AUDITORS REPORT

TO THE MEMBERS OF SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE

- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.



Thomas A. Porter
for and on behalf of
PORTER AND CO
Chartered Accountants and Registered Auditors
Millennium House
Stephen Street
Sligo

14 June 2023

Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE

INCOME STATEMENT
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2022

	Notes	2022 €	2021 €
Income		829,768	871,921
Expenditure		<u>(846,070)</u>	<u>(836,353)</u>
(Deficit)/surplus for the financial year	14	<u>(16,302)</u>	<u>35,568</u>
Total comprehensive income		<u><u>(16,302)</u></u>	<u><u>35,568</u></u>

Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL POSITION
AS AT 31 DECEMBER 2022

		2022	2021
		€	€
Non-Current Assets	Notes		
Property, plant and equipment	7	<u>57,787</u>	<u>84,080</u>
Current Assets			
Receivables	8	230,051	25,690
Cash and cash equivalents		<u>859,940</u>	<u>1,042,480</u>
		<u>1,089,991</u>	<u>1,068,170</u>
Payables: amounts falling due within one year	9	<u>(303,492)</u>	<u>(282,219)</u>
Net Current Assets		<u>786,499</u>	<u>785,951</u>
Total Assets less Current Liabilities		844,286	870,031
amounts falling due after more than one year	10	(9,872)	(19,315)
Net Assets		<u>834,414</u>	<u>850,716</u>
Reserves	14		
Capital reserves and funds		668,529	668,529
Retained surplus		<u>165,885</u>	<u>182,187</u>
Members' Funds		<u>834,414</u>	<u>850,716</u>

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

Approved by the board on 14 June 2023 and signed on its behalf by:


Emer Concannon
Director


Jack Lynch
Director

Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE

STATEMENT OF CHANGES IN EQUITY AS AT 31 DECEMBER 2022

	Retained Surplus €	Special reserve €	Total €
At 1 January 2021	<u>146,619</u>	<u>668,529</u>	<u>815,148</u>
Surplus for the financial year	<u>35,568</u>		<u>35,568</u>
At 31 December 2021	<u>182,187</u>	<u>668,529</u>	<u>850,716</u>
Deficit for the financial year	<u>(16,302)</u>		<u>(16,302)</u>
At 31 December 2022	<u><u>165,885</u></u>	<u><u>668,529</u></u>	<u><u>834,414</u></u>

Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

1. GENERAL INFORMATION

Sligo Sport and Recreation Partnership Company Limited by Guarantee is a company limited by guarantee incorporated and registered in the Republic of Ireland. The registered number of the company is 360763. The registered office of the company is Quay Street, Sligo which is also the principal place of business of the company. The nature of the company's operations and its principal activities are set out in the Directors' Report. The financial statements have been presented in Euro ('€') which is also the functional currency of the company.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the financial year ended 31 December 2022 have been prepared in accordance with the provisions of FRS 102 Section 1A (Small Entities) and the Companies Act 2014.

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" Section 1A, issued by the Financial Reporting Council.

The company qualifies as a small company as defined by section 280A of the Companies Act 2014 in respect of the financial year, and has applied the rules of the 'Small Companies Regime' in accordance with section 280C of the Companies Act 2014 and Section 1A of FRS 102.

Income

Income represents the total value of income recognised during the financial period including amortisation of capital grants.

Government grants and grants from non-state bodies are recognised in accordance with the accounting policy for government grants. Income from other sources is recognised when the company becomes entitled to it, which is usually in the financial period in which the income is received.

Property, plant and equipment and depreciation

Property, plant and equipment are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of property, plant and equipment, less their estimated residual value, over their expected useful lives as follows:

Plant and machinery	15% Straight line
Fixtures, fittings and equipment	15-20% Straight line

The carrying values of tangible fixed assets are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

Trade and other receivables

Trade and other receivables are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

Trade and other payables

Trade and other payables are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost.

Employee benefits

The company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The assets of this scheme are also held separately from those of the company, being invested with pension fund managers.

Taxation

The company is registered as a sporting body (no. 891) with the Revenue Commissioners and is exempt from corporation tax on income under Section 235 Taxes Consolidation Act 1997.

Government grants

Capital grants received and receivable are treated as deferred income and amortised to the Income Statement annually over the useful economic life of the asset to which it relates. Revenue grants are credited to the Income Statement when received.

Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated at the rates of exchange ruling at the Statement of Financial Position date. Non-monetary items that are measured in terms of historical cost in a foreign currency are translated at the rates of exchange ruling at the date of the transaction. Non-monetary items that are measured at fair value in a foreign currency are translated using the exchange rates at the date when the fair value was determined. The resulting exchange differences are dealt with in the Income Statement.

Pensions

The company operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the company. Annual contributions payable to the company's pension scheme are charged to the Income Statement in the period to which they relate.

3. DEPARTURE FROM COMPANIES ACT 2014 PRESENTATION

The directors have elected to present an Income and Expenditure Account instead of a Profit and Loss Account in these financial statements as this company is a not-for-profit entity.

4. OPERATING (DEFICIT)/ SURPLUS

	2022 €	2021 €
Operating (deficit)/surplus is stated after charging/(crediting):		
Depreciation of property, plant and equipment	31,665	32,329
Amortisation of Government grants	<u>(20,576)</u>	<u>(20,981)</u>

5. EMPLOYEES

The average monthly number of employees, including directors, during the financial year was as follows:

	2022 Number	2021 Number
Administration (core staff)	3	2
Project Staff	<u>5</u>	<u>5</u>
	<u>8</u>	<u>7</u>

Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

continued

6. EMPLOYEE BENEFITS	Number of Employees	Employer Pension Contribution	
Salary Band			
€70,000 - €79,000	<u>1</u>		<u>€7,236</u>
		Fixtures,	
7. PROPERTY, PLANT AND EQUIPMENT	Plant and	fittings and	Total
	machinery	equipment	
	€	€	€
Cost	3,134	199,587	202,721
At 1 January 2022	-	8,144	8,144
Additions	-	(3,465)	(3,465)
Disposals	<u>3,134</u>	<u>204,266</u>	<u>207,400</u>
At 31 December 2022			
Depreciation	3,134	115,507	118,641
At 1 January 2022	-	31,665	31,665
Charge for the financial year	-	(693)	(693)
On disposals	<u>3,134</u>	<u>146,479</u>	<u>149,613</u>
At 31 December 2022			
Carrying amount	<u>-</u>	<u>57,787</u>	<u>57,787</u>
At 31 December 2022	<u>-</u>	<u>84,080</u>	<u>84,080</u>
At 31 December 2021			
		2022	2022
		€	€
8. RECEIVABLES			
Trade receivables		-	2,180
Prepayments		96,167	23,510
Funds held by MSL ETB		133,884	-
		<u>230,051</u>	<u>25,690</u>
9. PAYABLES		2022	2021
		€	€
Amounts falling due within one year			
Other creditors		-	44,438
		25,138	21,402
Accruals		278,354	216,379
Deferred Income		<u>303,492</u>	<u>282,219</u>

Deferred income includes capital grants which are due to be amortised in 2023 of €8,515 (2021: €20,981). The balance of €269,839 (2021: €195,398) is grants from state bodies and other organisations that were not yet spent as at 31 December 2022.

Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

continued

10. PAYABLES	2022	2021
Amounts falling due after more than one year		
Government grants	<u>9,872</u>	<u>19,315</u>

11. PENSION COSTS - DEFINED CONTRIBUTION

Pension costs represent the company's contribution to a defined contribution pension scheme on behalf of the employees and amounted to €27,525 (2021 - €25,158).

12.State Funding

Agency	HSE
Government Department	Department of Health
Grant Programme	Health Promotion & Improvement
Purpose of the Grant	Joint Programming Delivery
Term	12 months
Recognised as income in period	€49,798
Expenditure	€49,798
Fund deferred or due at financial year end	€Nil (2021: €277 deferred)
Received in the financial year	€49,521
Type of grant	Revenue grant
Restriction of use	Restricted funding
Agency	HSE
Government Department	Department of Health
Grant Programme	Learning, Autism, Physical, Sensory, Older People, Mental Health & Learning Disabilities
Purpose of Grant	Programming for people with disabilities
Term	12 months
Recognised as income in period	€54,000
Expenditure	€54,000
Fund deferred or due at financial year end	€Nil
Received in the financial year	€54,000
Type of grant	Revenue grant
Restriction of use	Restricted funding
Agency	Sport Ireland
Government Department	Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media
Grant Programme	Core
Purpose of the Grant	Sport Development & Programme Delivery
Term	12 months
Recognised as income in period	€381,923
Expenditure	€381,923
Fund deferred or due at financial year end	€91,167 due / €3,400 deferred (2021: €20,655 deferred)
Received in the financial year	€273,501
Type of grant	Revenue grant
Restriction of use	Restricted funding
Agency	Sport Ireland
Government Department	Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media
Grant Programme	Dormant Accounts
Purpose of the Grant	Targeted Programme Delivery
Term	12-18 months
Recognised as income in period	€44,111
Expenditure	€45,550 (€1,439 capital expenditure)
Fund deferred or due at financial year end	€181,571 deferred (2021: €38,707 deferred)
Received in the financial year	€188,414
Type of grant	Revenue grant
Restriction of use	Restricted funding

Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE

continued

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2022

Agency	Sport Ireland
Government Department	Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media
Grant Programme	Women in Sport
Purpose of the Grant Term	Delivery of women in sport programming
Recognised as income in period	12 months
Expenditure	€22,304
Fund deferred or due at financial year end	€22,304
Received in the financial year	€5,000 due / €500 deferred (2021: €304 deferred)
Type of grant	€17,500
Restriction of use	Revenue grant Restricted funding
Agency	Sport Ireland
Government Department	Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media
Grant Programme	Dormant Accounts SIDO Capital Targeted Programme
Purpose of the Grant Term	Delivery
Recognised as income in period	60 months
Fund deferred or due at financial year end	€16,259 amortisation
Received in the financial year	€13,646 deferred (2021: €28,466 deferred)
Type of grant	€1,439
Restriction of use	Capital grant Restricted funding
Agency	Sligo County Council
Government Department	Department of Housing, Local Government and Heritage
Grant Programme	Bike Week 2022
Purpose of the Grant Term	Bike Week 2022
Recognised as income in period	12 months
Expenditure	€23,295
Fund deferred or due at financial year end	€23,295
Received in the financial year	€Nil (2021: €2,227 deferred)
Type of grant	€21,068
Restriction of use	Revenue grant Restricted funding
Agency	Sligo County Council
Government Department	Department of Housing, Local Government and Heritage
Grant Programme	Project Funding
Purpose of the Grant Term	Targeted Programme Delivery
Recognised as income in period	12 months
Expenditure	€19,269
Fund deferred or due at financial year end	€19,269
Received in the financial year	€6,375 deferred (2021: €2,644 deferred)
Type of grant	€23,000
Restriction of use	Revenue grant Restricted funding
Agency	Sligo County Council
Government Department	Department of Housing, Local Government and Heritage
Grant Programme	Cranmore Regeneration
Purpose of the Grant Term	Cranmore Regeneration Programme Delivery
Recognised as income in period	12 months
Expenditure	€33,600
Fund deferred or due at financial year end	€33,600
Received in the financial year	€Nil
Type of grant	€33,600
Restriction of use	Revenue grant Restricted funding

Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE

continued

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2022

Agency Government Department	Sport Ireland Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media
Grant Programme	Women in Sport
Purpose of the Grant	Delivery of women in sport programming
Term	12 months
Recognised as income in period	€22,304
Expenditure	€22,304
Fund deferred or due at financial year end	G5,000 due / G500 deferred (2021: €304 deferred)
Received in the financial year	€17,500
Type of grant	Revenue grant
Restriction of use	Restricted funding
Agency	Sport Ireland
Government Department	Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media
Grant Programme	Dormant Accounts SIDO Capital
Purpose of the Grant	Targeted Programme Delivery
Term	60 months
Recognised as income in period	€16,259 amortisation
Fund deferred or due at financial year end	€13,646 deferred (2021: €28,466 deferred)
Received in the financial year	C1,439
Type of grant	Capital grant
Restriction of use	Restricted funding
Agency	Sligo County Council
Government Department	Department of Housing, Local Government and Heritage
Grant Programme	Bike Week 2022
Purpose of the Grant	Bike Week 2022
Term	12 months
Recognised as income in period	€23,295
Expenditure	€23,295
Fund deferred or due at financial year end	€Nil (2021: €2,227 deferred)
Received in the financial year	€21,068
Type of grant	Revenue grant
Restriction of use	Restricted funding
Agency	Sligo County Council
Government Department	Department of Housing, Local Government and Heritage
Grant Programme	Project Funding
Purpose of the Grant	Targeted Programme Delivery
Term	12 months
Recognised as income in period	€19,269
Expenditure	€19,269
Fund deferred or due at financial year end	€6,375 deferred (2021: €2,644 deferred)
Received in the financial year	€23,000
Type of grant	Revenue grant
Restriction of use	Restricted funding
Agency	Sligo County Council
Government Department	Department of Housing, Local Government and Heritage
Grant Programme	Cranmore Regeneration
Purpose of the Grant	Cranmore Regeneration Programme Delivery
Term	12 months
Recognised as income in period	€33,600
Expenditure	€33,600
Fund deferred or due at financial year end	€Nil
Received in the financial year	€33,600
Type of grant	Revenue grant
Restriction of use	Restricted funding

Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE

continued

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2022

Agency	Sport Ireland
Government Department	Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media
Grant Programme	Healthy Ireland / Keep Well
Purpose of the Grant	Targeted Programme Delivery
Term	12 months
Recognised as income in period	€6,120
Expenditure	€6,120
Fund deferred or due at financial year end	€5,380 deferred (2021:€10,750 deferred)
Received in the financial year	€750
Type of grant	Revenue grant
Restriction of use	Restricted funding
Agency	Sport Ireland
Government Department	Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media
Grant Programme	Covid-19 grants
Purpose of the Grant	Specific funding associated with the Covid-19 pandemic
Term	12 months
Recognised as income in period	€73,973
Expenditure	€73,973
Fund deferred or due at financial year end	€70,956 deferred(2021: €84,079 deferred)
Received in the financial year	€60,850
Type of grant	Revenue grant
Restriction of use	Restricted funding
Agency	Sligo County Council
Government Department	Department of Housing, Local Government and Heritage
Grant Programme	Healthy Ireland Community Grant
Purpose of the Grant	Purchase of equipment for people with disabilities
Term	60 months
Recognised as income in period	€750 amortisation
Fund deferred or due at financial year end	€Nil (2021: €750 deferred)
Received in the financial year	€Nil
Type of grant	Capital Grant
Restriction of use	Restricted funding
Agency	Department of Transport, Tourism and Sport
Government Department	Department of Transport, Tourism and Sport
Grant Programme	Sports Capital Programme
Purpose of the Grant	Purchase of capital equipment
Term	60 months
Recognised as income in period	€1,806 amortisation
Fund deferred or due at financial year end	€Nil (2021: €1,806 deferred)
Received in the financial year	€Nil
Type of grant	Capital grant
Restriction of use	Restricted funding
Agency	Sligo County Council
Government Department	Department of Housing, Local Government and Heritage
Grant Programme	Healthy Ireland Community Grant
Purpose of the Grant	Targeted Programme Delivery
Term	12 months
Recognised as income in period	€4,316
Expenditure	€4,316
Fund deferred or due at financial year end	€Nil (2021: €2,180 due / €2,178 deferred)
Received in the financial year	€4,318
Type of grant	Revenue grant
Restriction of use	Restricted funding

Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE

continued

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2022

Agency	Sligo County Council
Government Department	Department of Housing, Local Government and Heritage
Grant Programme	Resilience Fund
Purpose of the Grant	Purchase of capital equipment
Term	60 months
Recognised as income in period	€1,000 amortisation
Expenditure	€3,000 deffered (2021: €4,000 deffered)
Fund deferred or due at financial year end	€ Nil
Received in the financial year	Capital Grant
Type of grant	Restricted funding
Restriction of use	
Agency	Sligo County Council
Government Department	Department of Housing, Local Government and Heritage
Grant Programme	Let's Play Sligo
Purpose of the Grant	Targeted Programme Delivery
Term	12 months
Recognised as income in period	€4,091
Expenditure	€4,091
Fund deferred or due at financial year end	Revenue grant
Received in the financial year	Restricted funding
Type of grant	
Restriction of use	
Agency	Sport Ireland
Government Department	Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media
Grant Programme	Grassroots Restart Fund Programmes
Purpose of the Grant	Programmes targeting grassroots sport and unrepresented communities
Term	12 months
Recognised as income in period	€27,334
Expenditure	€27,334
Fund deferred or due at financial year end	€1,657 deffered (2021: €28,991 deffered)
Received in the financial year	€ Nil
Type of grant	Revenue grant
Restriction of use	Restricted funding
Agency	Sport Ireland
Government Department	Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media
Grant Programme	Urban Outdoor Adventure Initiative
Purpose of the Grant	Programmes targeting people living in urban areas to participate in physical activity through adventure sport
Term	12 months
Recognised as income in period	€3,510
Expenditure	€3,510
Fund deferred or due at financial year end	€Nil
Received in the financial year	€3,510
Type of grant	Revenue grant
Restriction of use	Restricted funding

Section 6: Financial Statements

SLIGO SPORT AND RECREATION PARTNERSHIP COMPANY LIMITED BY GUARANTEE NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

continued

13. STATUS

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one financial year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding € 1.

14. RESERVES

Special Reserve

The reserves relates to a contingency amount of €200,000 (2021: €200,000) which has been set aside to provide for costs in the event of the company being wound up and a reserve for other contingencies of €468,529 (2021: €468,529).

15. CAPITAL COMMITMENTS

The company had no material capital commitments at the financial year-ended 31 December 2022.

16. CONTINGENT LIABILITIES

Sligo Sport and Recreation Partnership Company Limited by Guarantee has received capital and revenue grants from government agencies. These may be repayable in certain circumstances.

17. EVENTS AFTER THE END OF THE REPORTING PERIOD

There have been no significant events affecting the company since the financial year-end.

18. APPROVAL OF FINANCIAL STATEMENTS

The financial statements were approved and authorised for issue by the board of directors on 14 June 2023.



Appendices

Appendices

Appendix 1: Board Meeting Attendance 2022

Organisation	Name	26th Jan	13th Apr	AGM & Meeting 22nd Jun	5th Oct	30th Nov
Sligo County Council Official	Ms Emer Concannon	✓	✓	✓	✓	✓
Sligo County Council Public Rep.	Cllr Marie Casserly	✗	✗	✗	✗	✗
Mayo Sligo Leitrim ETB	Mr Jack Lynch	✓	✓	✓	✓	✓
Sligo County Council Official	Mr Michael Carty	✓	✓	✗	✓	✓
Health Service Executive	Ms Cara O'Neill*	✗	N/A	N/A	N/A	N/A
Health Service Executive	Ms Liz Martin*	N/A	N/A	N/A	N/A	✓
Sligo Leader Partnership Co. Ltd	Mr John Feerick	✓	✓	✓	✓	✗
Atlantic Technological University	Mr Ross Lappin	✓	✗	✓	✓	✗
Sligo County Council Public Rep.	Cllr Dónal Gilroy	✓	✗	✗	✗	✓
Sligo County Council Public Rep.	Cllr Gino O'Boyle	✗	✗	✗	✗	✗
Sports Club/ Organisation	Ms Kathleen Kane	✗	✗	✓	✓	✗
Sports Club/ Organisation	Ms Máire McCallion	✗	✓	✓	✓	✓
Sports Club/ Organisation	Mr Tommy Cradock	✓	✗	✗	✓	✗
Sports Club/ Organisation	Mr Gerald O'Connor	✓	✓	✓	✓	✓
Sports Club/ Organisation	Ms Tina Beirne	✓	✗	✓	✗	✗
Sligo Community Forum/ PPN	Mr Joe McDonagh	✓	✓	✓	✓	✓
Active Age	Ms Geraldine Delorey	✓	✗	✓	✗	✓
Disability	Ms Rose McGowan	✓	✗	✗	✗	✗

Key:

- In attendance ✓
- Not in attendance ✗

*Note: Liz Martin replaced Cara O'Neill in 2022.

Appendix 2: New Board Member Induction Pack

New Board members or directors receive an induction pack which contains the following:

- SSRP Board Governance Framework
- SSRP Board Governance Framework (Templates and Appendices)
- SSRP Board Code of Conduct
- SSRP Directors Conflict of Interest Form
- SSRP Registration of Company Directors
- SSRP Strategic Plan
- SSRP Constitution
- SSRP Audit Accounts
- SSRP Annual Report
- SSRP Board Meeting Co-ordinators Reports
- SSRP Statement of Financial Affairs

Appendices 2

Appendix 3: Strategy Committee Meetings 2022

Name	20th Jan	30th Mar	9th Jun	22nd Sept	21st Nov
Mr Michael Carty	✓	✓	✓	✓	✓
Mr Jack Lynch	✓	✓	✓	✓	✓
Ms Emer Concannon	✓	✓	✓	✓	✓
Ms Lynda McGuinness	✓	✗	✓	✗	✓

Appendix 4: Audit and Risk Committee Meetings 2022

Name	6th Apr	9th Jun	17th Nov
Mr Gerald O'Connor	✓	✓	✓
Ms Kathleen Kane	✓	✓	✓
Mr Joe McDonagh	✓	✓	✓
Ms Orla Lee	N/A	N/A	✓

Key:

- In attendance ✓
- Not in attendance ✗

Appendices

Appendix 5: Abbreviations

ARC	Audit and Risk Committee
ATU	Atlantic Technological University
CARA	CARA Sports Inclusion Ireland
COVID-19	Coronavirus is an infectious disease caused by the SARS-CoV-2 virus
CSDO	Community Sport Development Officer
CSH	Community Sports Hub
CYPSC	Children and Young People's Services Committee
GAA	Gaelic Athletic Association
FAI	Football Association of Ireland
FRC	Family Resource Centre
FRS	Financial Reporting Standard
HR	Human Resources
HSE	Health Service Executive
IABA	Irish Amateur Boxing Association
IPA	Institute of Public Administration
I PARC	Irish Physical Activity Research Collaboration
LCDC	Local Community Development Committee
LSP	Local Sports Partnership
MSL ETB	Mayo Sligo Leitrim Education and Training Board
NGB	National Governing Body
NPAP	National Physical Activity Plan
PTT	MSL ETB coaches/ tutors payment system
P2P	MSL ETB creditors payment system
SI	Sport Ireland
SIDO	Sports Inclusion Development Officer
SORP	Statement of Recommended Practice
SSRP	Sligo Sport and Recreation Partnership
YSW	Youth Sport West





— SLIGO SPORT —
— & RECREATION —
PARTNERSHIP
— SPORT IRELAND —

Sligo Sport and Recreation Partnership
Mayo Sligo Leitrim ETB,
Quay Street,
Sligo.

Tel: 071 91 61511

Web: www.sligosportandrecreation.ie

Email: info@sligosportandrecreation.ie

Visit our website here:



SPORT IRELAND
LOCAL SPORTS PARTNERSHIPS



msletb
Bord Oideachais agus Oiliúna
Mhaigh Eo, Shligigh agus Leitrima
Mayo, Sligo and Leitrim
Education and Training Board



Sligo County Council
Comhairle Chontae Shligigh



**SLIGO LEADER
PARTNERSHIP**

