

Inclusive Sportshall Athletics



Sligo Athletic Club in Association with Sligo Sport and Recreation Partnership and the Sports Inclusion Disability Project are continuing with their Inclusive Sportshall Athletics Programme. This programme will provide young people of all ability levels aged between 5-12 years with a chance to experience running, jumping, and throwing activities as their first steps into athletics.

Venue:	Knocknarea Arena, IT Sligo
Start Date:	Monday 15 th September 2014
Time:	6pm – 7pm
Age Group:	5 – 12 year olds (All ability levels Including those with a disability)
Cost:	€2 per session

For further information or to register for this programme please contact Shane Hayes, SSRP on 071 9161511 or shane@sligosportandrecreation.ie